

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
685	684	
686	658	
156	45	
37		

Collect:

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Psalm Response:

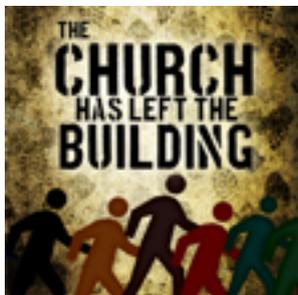
The Lord is near to the brokenhearted

Gospel Acclamation:

St John's:
Alleluia ...
Speak Lord your servant is listening, you have the words, you have the words of everlasting life.
Alleluia ...

St Luke's:

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.



A life giving gospel. Over the last number of weeks our readings have presented how God sustains and nurtures us. Our faith and worship life is based on this: God is present in Word and Sacrament and this presence affirms, feeds, challenges and sustains us in times of difficulty. Today, we are reminded that God the Father is the source of our faith and the thing we believe in: the saving presence and work of Jesus Christ. Our worship praises God over and over for this - we can never say thank you enough. However, we have been given this gift for a reason: that with the help of God's Spirit we might become a life giving gospel for others.

Trinity II

St Catherine's - 10:30 Choral Eucharist;

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist;

St Luke's - 10:30 Sung Mass;

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Proverbs 9:1-6; Psalm 34:9-14; Ephesians 5:15-20; John 6:51-58

Psalm 34 9-14

9 O fear the Lord, * ye that / are his / servants: for / they that • fear / him lack / nothing.

10 They who trust not in him do lack and / suffer / hunger: but they who seek the Lord shall want no / manner • of / thing • that is / good.

11 Come ye children and hearken / unto / me: I will / teach • you the / fear • of the / Lord.

12 What man is he that de-/lighteth • to / live: and would fain see / long life / and pros-/perity?

13 Keep thy / tongue from / evil: and thy / lips • that they / speak no / guile.

14 Depart from evil / and do / good: seek / peace / and pur-/sue it.

Next week's readings: Joshua 24:1-2,14-18; Ps 34:15-22; Ephesians 6:10-20; John 6:56-69

Benefice Notes:

Messy Church - August's Messy Church is next Sunday at 4:00 pm in St Catherine's. The planning meeting is in St John's today at 5:00pm. This will be the second time for Messy Church in St Catherine's such was the success last time. It will involve outdoor sports and a bbq. As ever, all are welcome.

Big Picnic - Join in with our wider community by bringing a picnic to Llandaff fields on 30 August and joining the fun. We hope to have to contribute Benefice activity or station to those on offer on the day. Any ideas on this please see Fr Phelim. See poster at the back. I wonder WWJD?

Ecumenical Vespers, Torchlight Procession, Fireworks and BBQ - Tonight at 8:30 pm in St Mary's Church, Bute Street. All are welcome to celebrate with the people of St Mary's the Festival of the Assumption.

Weekday services - back to normal this week.

Noticeboard - If you would like to include something in the notes please send it to linsaycoolhouse@hotmail.com.

Benefice Together Service - Sunday 30 August, as a 5th Sunday, we will have our usual benefice together service in St John's at 10:30 am. As ever, there will be on other scheduled service taking place that day.

Vestry Home Group Bible Study - Thursdays 7-9pm in St John's. All are welcome to this informal gathering.

Changes to Services for August - There will be no Sunday **evening** services in the Benefice during August and there will be only **one 8.00 am** celebration of the Eucharist on Sundays. The main Sunday morning services and weekday services will not be affected. This will alternate between St John's and St Catherine's. The 8:00 am Eucharist this week is in St John's and next week will be in St Catherine's. The usual service pattern will resume in September.

Churches Together - A new website has started to allow the joint services and social action of Churches Together in Canton to be promoted. www.cantonchurches.org.uk Our Benefice is a key supporter of this. The ventures so far are: joint worship three times a year, Canton Messy Church, Churches Youth Club and the Night Shelter which Calvary baptist hosts.

Spring Clean in Autumn - Dates are as follows: Sat 19 September - St John's; Sat 10 October - St Luke's; Sat 17 October - St Catherine's. We are asking if you could give us one of these days to help clean, tidy, repair, beautify our churches and halls. It would be great if individuals from different churches could help out with the Autumn Clean of each of the churches as a sign of mutual support and generosity. We are asking if you could give us one day out of the three. More details to follow.

Benefice Magazine - Summer Edition: Is now available at the back of our churches.

St Catherine's Notes:

Hall Bookings - To book the Hall contact the clergy or email hall.stcatherines@gmail.com.

Gardening Club - Every Tuesday from 1:30 until 3:00 pm. All are welcome. For more details ask Hilary or Gareth.

Rotas - The noticeboard has a new area for rotas for the 10.30 service. If you turn up at church not sure whether you are due to be doing something, please check on the board.

St John's Notes:

Church Booking - To book the Church please contact the clergy (see below for contacts).

Ty Bronna - The collection this month (August) is for sugar, tea and coffee.

St Luke's Notes:

Curry Night - Please join us for a curry night on 3 October at St Luke's. Tickets £8 from Margaret Williams or Sue Bainton.

Hall Bookings - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 haydnpage@hotmail.co.uk

Recently Departed: Malcolm Marshal, Raydene Campbell, Pamela Orchard.

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 16 Pontyclun and Talygarn w Llanharry, Sue Rees (V); Ruvuma, Tanzania; **Trinity 11**

Mon 17 St Nicholas w Bonvilston & St George, Martin Davies (PinC); Ruwenzori, Uganda; **St Bartholomew, Apostle;**

Tues 18 Archdeaconry of Morgannwg, Ven. Christopher Smith; Sabah (SE Asia);

Wed 19 Armed Forces Chaplains; Sabongidda-ora, Nigeria;

Thur 20 Caerphilly and Merthry Deanery, Steven Kirk (AD); Saldanha Bay, SA; **St Monica**

Fri 21 Dowlais and Pennydarren, Joyce Harman (R); Salsibury; **St Augustine**

Sat 22 Merthry Tydfil, Christchurch, Martin Perry (V); Sambalpur, India; **Beheading of John the Baptist;**

Sun 23 Merthry Tydfil, St David and Abercanaid, Mark Prevett (R), Tom Bates (C); San Diego; **Trinity 12**

16 August 2015 – Eleventh Sunday after Trinity (Proper 15)**Collect of the Day**

O God, you declare your almighty power most chiefly in showing mercy and pity: mercifully grant to us such a measure of your grace, that we, running the way of your commandments, may receive your gracious promises, and be made partakers of your heavenly treasure; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading

A reading from the book of Proverbs.

Wisdom has built her house,
she has hewn her seven pillars.
She has slaughtered her animals,
she has mixed her wine,
she has also set her table.
She has sent out her servant-girls,
she calls from the highest places in the town,
'You that are simple, turn in here!'
To those without sense she says,
'Come, eat of my bread
and drink of the wine I have mixed.
Lay aside immaturity, and live,
and walk in the way of insight.'

Proverbs 9.1-6

This is the word of the Lord.

Thanks be to God.

Psalm 34.9-14

R The Lord is near to the brokenhearted.

Fear the Lord, you that are his saints,
for those who fear him lack nothing.
The young lions lack and suffer hunger,
but those who seek the Lord lack nothing that is good. **R**

Come, children, and listen to me;
I will teach you the fear of the Lord.
Who among you loves life
and desires long life to enjoy prosperity? **R**

Keep your tongue from evil-speaking
and your lips from lying words.

Turn from evil and do good;
seek peace and pursue it. **R**

R The Lord is near to the brokenhearted.

Second Reading

A reading from the letter of Paul to the Ephesians.

Brothers and sisters, be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Ephesians 5.15-20

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Jesus said to the crowds: 'I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

The Jews then disputed among themselves, saying, 'How can this man give us his flesh to eat?' So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.'

John 6.51-58

This is the Gospel of the Lord.

Praise to you, O Christ.