

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
343	144	54
Calon Lan	334	252
252	252	
232		

Collect:

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant that all who are admitted into the fellowship of Christ's religion, may reject those things that are contrary to their baptism, and follow in the way of Jesus Christ our Lord; who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

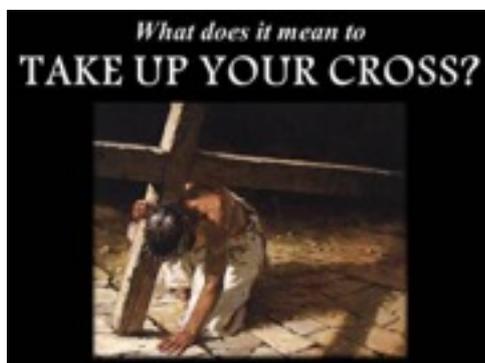
Psalm Response:

All the ends of the earth shall turn to you, O Lord

Gospel Acclamation:

St John's:
Glory to you word of God Lord Jesus Christ. If today you hear his voice harden not your hearts.

St Luke's:
Silent, surrendered calm and still, Open to the word of God, Heart humbled to his will, Offered is the servant of God.



Following Jesus

Following someone in modern times most probably involves some aspect of social media. Yet, as Christians we are called to follow Jesus in a deeper way than this. We follow Jesus in his moral teachings, his call to be faithful, and we follow him in Lent all the way to his death and crucifixion. Yet, what does it mean to follow him in this way? Today's gospel tells us we must deny our selves in some way. How we do that may well indicate to us areas of growth as we prepare for Holy Week and Easter.

Second Sunday of Lent

St Catherine's - 8:00 Eucharist; 10:30 Sung Eucharist;

St John's - 8:00 Eucharist; 9:15 Sung Eucharist;

St Luke's - 10:30 Sung Mass; 6:00 pm Benediction

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Genesis 17:1-7 15-16, Psalm 22:23-31, Rom 4:13-25, Mark 8:31-38

Psalm 22 Vv23-31

23 O praise the Lord / ye that / fear him: magnify him all ye seed of Jacob, * and fear him / all ye / seed of / Israel.

24 For he hath not despised nor abhorred the poor in / his af-/fliction: he hath not hid his face from him, * but when he / called · unto / him he / heard him.

25 My praise is of thee in the / great · congre-/gation: my vows will I perform in the / sight of / them that / fear him.

26 The poor shall / eat · and be / satisfied: they that seek after the Lord shall praise him; * may your / heart / live for / ever.

27 Let all the ends of the world remember, * and be turned / unto · the / Lord: and let all the families of the / nations / worship · be-/fore him.

28 For the dominion / is the / Lord's: and he is the / Governor · a-/mong the / nations.

29 As for all them that sleep in the earth, * / how · shall they / worship him: all they that go down into the dust, * / how · shall they / kneel be-/fore him?

30 But my life shall be preserved in his sight, * and my / children · shall / worship him: they shall tell of the Lord unto the / gener-/ations · to / come,

†31 And unto a people that shall be born shall they de-/clare his / righteousness: that / he hath / brought · it to / pass.

Next week's readings: Exodus 20.1-17, Psalm 19, 1 Corinthians 1.18-25, John 2.13-22

Benefice Notes:

Messy Church - The next planning meeting is next week after Explore at 5:15 pm in St John's.

Explore - Next Sunday at 4pm in St John's when we'll be worshipping God and

celebrating what Lent means and can do for us via a Cafe Church style format.

Confirmation classes - The next event is during Explore.

Electoral Roll - This is the year when the electoral roll is due to be re-created and collated. Forms are available at the back of the church and on the website. Please return completed forms to the back of one of the churches. For more details about the electoral roll and why we have one visit our website.

Benefice Action Teams - All of the new actions teams have now met. The next step is to take forward some of the ideas and initiatives regarding youth work, care of our buildings and pastoral care. If you'd like to help in any of these areas but couldn't make the meeting please contact the clergy.

PCC Meeting - The next meeting for the Parochial Church Council is this evening at 7:00 pm in St Luke's Hall. There is another PCC meeting on 25 March at 7:30 pm in St John's.

Companion with car required for elderly lady approx. 12 hrs week, good rates of pay via formal payment scheme. Please contact Fr Mark for more information.

Mothers' Union - Next meeting is the AGM in St John's on Monday 2 March.

Women's World Day of Prayer Fri 6 March 2pm Salvation Army, Cowbridge Road Canton. Refreshments after the service.

Benefice Noticeboard - If you would like to include something in the notes please send it to linsaycoolhouse@hotmail.com. Please try to keep contributions as brief as possible as space is often very limited.

St Catherine's Notes:

Hall Bookings - To book the Hall please contact Angharad Elias 07989 747026 hall.stcatherines@gmail.com

Dear friends, at long last I was able to make it to Church and what a wonderful reception I had. The icing on the cake was, however, seeing Lyn who came in after her illness which is not over, she has a long way to go yet, a very long way but with all our prayers I am sure she will make it. Love to you all from your friend Betty.

St John's Notes:

All Age Eucharist Next Week - The 6th Cardiff St John's Brownies are will be taking part and leading church parade on Sunday 8 March. We'd love to see you all at this special service.

Lent Bible Study Group - Thursday 7-9 pm in St John's vestry. All are welcome to join this informal time of bible study.

Lent lunches every Friday at 12 noon during Lent.

Ty Bronna - The collection for Ty Bronna this month (March) is Sweets and Chocolate.

St Luke's Notes:

St David's Day Lent Lunch later today, 1 March, will be held at the café at St Luke's numbers will be limited to approx. 30. Tickets cost £5.00 lunch will be leek and potato soup, cheese and biscuits, welsh cakes or bara brith.

Thank you to our dear friends at St Luke's for the marvellous support we experienced following my mother's death. We were overwhelmed by all the cards and letters and greatly cheered by all those from St Luke's who were at the requiem for Queenie. You made her feel at home in St Luke's. Thank you! Jeannie. (See the full version at the back of the Church)

Hall Bookings - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 haydnpage@hotmail.co.uk

Recently Departed: Katharine Morrissey, Catherine Mary Kirkpatrick, Norma Miles, Fred Maggs.

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 1 Margam deanery Area Dean: Canon Philip Masson; Mabale- (Uganda); **St David's Day**

Mon 2 The RB of Aberavon, Canon Nigel Cahill; (R) Mballi

Tues 3 Baglan, Stephen Jenkyns (Pin C); Mbeere- (Kenya)

Weds 4 The Cathedral Chapter: Mbashe

Thurs 5 Cwmfan, Elaine Jenkins (PinC, P/T); **St Non**

Fri 6 Glyncorwg & Upper Afan Valley w Caerau, St Cynfelyn, Beverly Reaney (PinC); Medak- (South India)

Sat 7 Kenfig Hill, Jonathan Durley (PinC); Archbishop of Melbourne; **Sts Perpetual, Felicity and Companions**

Team Rector: Canon Mark Preece; 029 2056 2022 rector@beneficeofcanton.org.uk (Day off - Monday)

Team Vicar: Fr Phelim O'Hare; 029 2021 0732 vicar@beneficeofcanton.org.uk (Day off - Thursday)

First Reading

A reading from the book of Genesis.

When Abram was ninety-nine years old, the LORD appeared to Abram, and said to him, 'I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous.' Then Abram fell on his face; and God said to him, 'As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.'

God said to Abraham, 'As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her.'

Genesis 17.1-7,15-16

This is the word of the Lord.

Thanks be to God.

Psalm 22.22-30

R All the ends of the earth shall turn to you, O Lord.

Praise the Lord, you that fear him;
stand in awe of him, O offspring of Israel;
all you of Jacob's line, give glory.
For he does not despise nor abhor the poor in their poverty;
neither does he hide his face from them;
but when they cry to him he hears them. **R**

My praise is of him in the great assembly;
I will perform my vows in the presence of those who worship him.
The poor shall eat and be satisfied,
and those who seek the Lord shall praise him:
'May your heart live for ever!' **R**
All the ends of the earth
shall remember and turn to the Lord,
and all the families of the nations shall bow before him.
For kingship belongs to the Lord;
he rules over the nations. **R**

To him alone all who sleep in the earth
bow down in worship;
all who go down to the dust fall before him.
My soul shall live for him;
my descendants shall serve him;
they shall be known as the Lord's for ever.
They shall come and make known to a people yet unborn
the saving deeds that he has done. **R**
R All the ends of the earth shall turn to you, O Lord.

Second Reading

A reading from the letter of Paul to the Romans.

The promise that Abraham would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations'). Abraham believed in the presence of the God who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become 'the father of many nations,' according to what was said, 'So numerous shall your descendants be.' He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith 'was reckoned to him as righteousness.' Now the words, 'it was reckoned to him,' were written not for his sake alone, but for ours also. It will be reckoned to us who believe in God who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

Romans 4.13-25

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.'

He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

Mark 8.31-38

This is the Gospel of the Lord.

Praise to you, O Christ.