

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
153	658	153
185	67	202
67	419	622
573		511

Collect:

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ your Son our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

Psalm Response:

Give thanks to the Lord for he is good, and his mercy endures for ever.

Gospel Acclamation:

St John's:

Alleluia ...

Speak Lord your servant is listening, you have the words, you have the words of everlasting life.

Alleluia ...

St Luke's:

Alleluia, alleluia, opening our hearts to him, singing Alleluia, alleluia, Jesus is our King!

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.



Collaborative Caring - This Sunday we have a questionnaire from the Benefice Care Team. We are inspired in this by our first reading today, from 2 Corinthians 6, when St Paul says the following: "As we work together with [Christ], we urge you also not to accept the grace of God in vain. For he says, 'At an acceptable time I have listened to you, and on a day of salvation I have helped you.' See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way..."

Trinity 3

St Catherine's - 8:00 Holy Eucharist; 10:30 Choral Eucharist;

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist; **6:00 pm Evensong**

St Luke's - 10:30 Sung Mass;

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Job 38:1-11; Psalm 107; 2 Corinthians 6:1-13; Mark 4:35-41

Psalm 107 Vv 23-32

23 They that went down to the / sea in / ships: and occupied their / business · in / great / waters,

24 These men saw the / works · of the / Lord: and his / wonders / in the / deep.

25 For at his word the stormy / wind a-/rose: which lifted / up the / waves there-/of.

26 They were carried up to heaven * and down again / to the / depths: their heart melted away be-/cause of · their / evil / plight.

27 They reeled to and fro * and staggered like a / drunken / man: and were / at their / wits' / end.

28 Then they cried unto the / Lord · in their / trouble: and he delivered them / out of / their dis-/tress.

29 He made the / storm to /cease: and the / waves there-/of were / still.

30 Then were they glad because they / were at / rest: and so he brought them unto the / haven · where / they would / be.

31 O that men would therefore praise the / Lord · for his / goodness: and for the wonders that he / doeth · for the / children · of / men.

32 That they would exalt him in the assembly / of the / people: and praise him / in the / seat · of the / elders.

Next week's readings: Wisdom 1:13-15, 2:23-24; Psalm 30; 2 Cor 8:7-15; Mark 5:21-43

Benefice Notes:

Care Team - This Sunday, in all of our services, we will be talking about how we care for each other as a community and how we might improve this. Time will be given to a questionnaire, drawn up by the care team, to help us in this regard.

Messy Church - Next meeting to plan July's Messy Church is next Sunday at 5:15 pm in St John's (after Explore). July's Messy Church is on Sunday 12 July back in St John's at 4:00 pm. This is to avoid clashing with the summer holidays.

Explore - The theme for the next explore is Holy Hollywood when we'll explore aspects of faith through film. All are welcome and, as ever, refreshments will follow. Popcorn will also be available. Explore is in St John's next Sunday at 4pm.

Confirmation - The next confirmation class is on 28 June at 3:00 pm in St Luke's followed by Explore at 4:00 pm.

PCC Meeting – The next PCC meeting is Tuesday 7 July at 7:30 pm in St Catherine's.

Noticeboard - If you would like to include something in the notes please send it to linsaycoolhouse@hotmail.com.

Vestry Home Group - Thursdays 7-9pm in St John's - Informal bible study exploring the Gospel readings - All are welcome! Cathays Mosque have made an open invitation to join their community for a meal during the season of Ramadan. Members of the Vestry Home Group are planning to visit on Monday 29 June. If you'd like to go ask Andrew Sims for more details.

Youth Team - We are on track, making good progress and currently collating forms and references from the volunteers whilst also looking at programme details and activities for September - December.

Battle of the Bands - This will be a music event for young people from year 9 upwards taking place on Saturday 4 July. Application forms available are now available (see [Facebook.com/CantonBOB](https://www.facebook.com/CantonBOB)).

St Catherine's Notes:

Hall Bookings - To book the Hall contact the clergy or email hall.stcatherines@gmail.com.

Gardening Club - Every Tuesday from 1:30 until 3:00 pm. All are welcome. For more details ask Hilary or Gareth.

St Catherine's Summer Fair which is on Saturday 27 June 1-4 pm. Great music, great food and lots of fun stalls. Please tell your friends and take a poster to advertise thank you. Help needed from 9am to set up. We need donations of cakes, ice cream, bottles, gifts (new), old china for china shy. People to run stalls- China+coconut shy, bouncy castles, games. We do not have anyone to manage the teas/coffees. Stalls can be set up from noon and please note start time of the event. If you can help in anyway please see Linsay or Colin. Please bring your friends !!

St John's Notes:

Summer Fair - 4 July from 11:00 until 2:00 pm.

Ty Bronna - The collection this month (June) is for biscuits.

St Luke's Notes:

Skittles - Women's Group & Sunday school helpers meeting at 7 pm for skittles on Thurs 25 June at the Conservative Club.

Hall Bookings - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 haydnpage@hotmail.co.uk

Ordination - The Revd Tom Bates, who used to attend St Luke's will be ordained priest in Llandaff Cathedral next Saturday at 10:30 am. Please keep him and the other ordinands in your prayers.

High Tea and Songs of Praise - 5 July at 4pm. Tickets now available.

Recently Departed: Mike Hayes, Pauline Lewis.

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 21 Cadoxton-Juxta-Barry, Ben Andrews (R); Olympia, USA

Mon 22 Merthyr Dyfan, Robert Parrish (R); Omu-Aran

Tues 23 Penarth w Llandough(vacant); On the lake, Nigeria

Wed 24 Board for Social Responsibility, Jonathan Durlay; On the Niger; **Nativity of John the Baptist**

Thur 25 Penarth All Saints, Peter Cox (V); Ondo- (Nigeria)

Fri 26 Penmark w Llancafarn w Llantrithyd, Derek Belcher (PinC); Ontario-Ontario

Sat 27 Porthkerry and Rhoose, Melanie Prince (PinC); Orlu-Orlu; **Cyril of Alexandria**

Sun 28 St Andrews Major w Michaelston-Le-Pit Andrew James (Pin C); Osaka-(Japan)

21 June 2015 – Third Sunday after Trinity (*Proper 7*)**Collect of the Day**

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

First Reading

A reading from the book of Job.

The LORD answered Job out of the whirlwind:

‘Who is this that darkens counsel by words without knowledge? Gird up your loins like a man, I will question you, and you shall declare to me. Where were you when I laid the foundation of the earth? Tell me, if you have understanding. Who determined its measurements – surely you know! Or who stretched the line upon it?’

On what were its bases sunk, or who laid its cornerstone when the morning stars sang together and all the heavenly beings shouted for joy? Or who shut in the sea with doors when it burst out from the womb? – when I made the clouds its garment, and thick darkness its swaddling band, and prescribed bounds for it, and set bars and doors, and said, “Thus far shall you come, and no farther, and here shall your proud waves be stopped”?’

Job 38.1–11

This is the word of the Lord.

Thanks be to God.

Psalm 107.1–3, 23–32

Give thanks to the Lord for he is good, and his mercy endures for ever.

Give thanks to the Lord, for he is good, and his mercy endures for ever.

Let all those whom the Lord has redeemed proclaim
that he redeemed them from the hand of the foe.

He gathered them out of the lands;

from the east and from the west, from the north and from the south. **R**

Some went down to the sea in ships and plied their trade in deep waters;

They beheld the works of the Lord and his wonders in the deep.

Then he spoke and a stormy wind arose, which tossed high the waves of the sea. **R**

They mounted up to the heavens and fell back to the depths;
their hearts melted because of their peril.
They reeled and staggered like drunkards and were at their wits' end.
Then they cried to the Lord in their trouble,
and he delivered them from their distress. **R**

He stilled the storm to a whisper and quieted the waves of the sea.
Then were they glad because of the calm, and he brought them
to the harbour they were bound for. **R**

Let them give thanks to the Lord for his mercy
and the wonders he does for his children.
Let them exalt him in the congregation of the people
and praise him in the council of the elders. **R**

Second Reading

A reading from the second letter of Paul to the Corinthians.

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, 'At an acceptable time I have listened to you, and on a day of salvation I have helped you.' See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute.

We are treated as impostors, and yet are true; as unknown, and yet are well known;
as dying, and see – we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing;
as poor, yet making many rich; as having nothing, and yet possessing everything.

We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return – I speak as to children – open wide your hearts also.

2 Corinthians 6:1-13

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

When evening had come, Jesus said to his disciples, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him.

A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. He said to them, 'Why are you afraid? Have you still no faith?' And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

Mark 4.35-41

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion Prayer

Loving Father,
we thank you for feeding us at the supper of your Son:
sustain us with your Spirit,
that we may serve you here on earth
until our joy is complete in heaven,
and we share in the eternal banquet
with Jesus Christ our Lord.