

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
190	379	379
379	610	610
517	190	190

Collect:

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

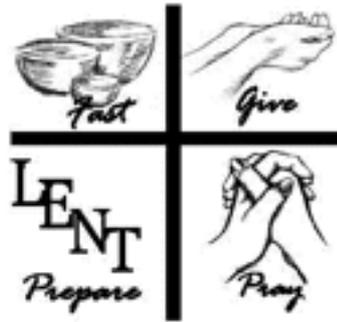
Psalm Response:

Your paths, O Lord, are love and faithfulness (to those who keep your covenant)

Gospel Acclamation:

St John's:
Glory to you word of God Lord Jesus Christ. If today you hear his voice harden not your hearts.

St Luke's:
Silent, surrendered calm and still, Open to the word of God, Heart humbled to his will, Offered is the servant of God.



Teaching the good news of God's kingdom. Teaching is what Jesus mostly did during his public ministry. Yet, we only have small excerpts of what he taught. Much of his teaching is interpreted and passed on by the inspired writings of the New Testament. Yet, in our gospel today Mark defines the content of Jesus' teaching on good news: this is news from God and it reveals something about God. All that Jesus says and does, reveals to us the traits of God and the face of God. It reveals the experience that Jesus has of God as Father. As we journey deeper into Lent our calling will be to do the same: how do we experience God in our lives? How can we learn more of God's good news

First Sunday of Lent

St Catherine's - 8:00 Eucharist; 10:30 Sung Eucharist;

St John's - 8:00 Eucharist; 9:15 Sung Eucharist; **4:00 Messy Church**

St Luke's - 10:30 Sung Mass

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Genesis 9:8-17; Psalm 25.1-10, 1 Peter 3:18-22, Mark 1:9-15

Psalm 25 Vv1-10

- 1 Unto thee O Lord will I lift up my soul; * my God I have put my / trust in / thee: O let me not be disappointed, * neither let mine / ene•mies / triumph / over me.
- 2 For all they that hope in thee shall / not • be a-/shamed: but such as deal untruly / shall be / put • to con-/fusion.
- 3 Shew me thy / ways O / Lord: and / teach me / thy / paths.
- 4 Lead me forth in thy / truth and / teach me: for thou art the God of my salvation; * in thee hath been my / hope / all the • day / long.
- 5 Call to remembrance O Lord thy / tender / mercies: and thy loving-kindnesses, which / have been / ever • of / old.
- 6 O remember not the sins and offences / of my / youth: but according to thy mercy * think thou upon me O / Lord / in thy / goodness.
- 7 Gracious and righteous / is the / Lord: therefore will he teach / sinners / in the / way.
- 8 Them that are meek shall he guide in / right / paths: and such as are gentle, / them • shall he / teach his / way.
- 9 All the paths of the Lord are / mercy • and / truth: unto such as keep his / cove • nant / and his / testimonies.
- 10 For thy name's / sake O / Lord: be merciful unto my / sin, for / it is / great.

Next week's readings: Genesis 17:1-7 15-16, Psalm 22:23-31, Rom 4:13-25, Mark 8:31-38

Benefice Notes:

Messy Church - The next is today at 4pm in St John's with Archdeacon Peggy

Jackson helping us lead the worship. A film crew from the Representative Body of the Church in Wales will also be present.

Confirmation classes - In St Luke's today 3:00 pm. It is still not too late to join in just turn up and complete a form.

Pastoral Care Action Team - Meets this Wednesday 25 Feb in St Luke's at 7:00 pm. Might you be willing to help in this way? Do you have a calling to serve the least in God's Kingdom? Please join us on 25 Feb.

Electoral Roll - This is the year when the electoral roll is due to be re-created and collated. Forms are available at the back of the church and on the website. Please return completed forms to the back of one of the churches. For more details about the electoral roll and why we have one visit our website.

Christians Against Poverty - There is a course beginning in Calvary Baptist Church in Canton to help individuals budget, save and spend wisely to prevent and overcome debt and related problems. The course is on Monday evenings at 7:00pm and runs for three weeks beginning tomorrow, 23 February. Contact Fr Phelim for more details or visit www.capmoney.org.

PCC Meeting - The next meeting for the Parochial Church Council is next Sunday 1 March at 7:00 pm in St Luke's Hall.

Companion with car required for elderly lady approx. 12 hrs week, good rates of pay via formal payment scheme. Please contact Fr Mark for more information.

Paradise Run - The next run is on 28 Feb. Please bring your food to Sylvia's house (114 Pencisely Road) on the day itself between 6-7pm. If this is difficult contact Sylvia. We gave 2 boxes of fleeces last time, which were gratefully received

Benefice Noticeboard - If you would like to include something in the notes please send it to linsaycoolhouse@hotmail.com.

St Catherine's Notes:

Charity sale and Afternoon Tea in aid of Action Duchenne Saturday 28 Feb 12am -3pm. If anyone has any unwanted gifts good quality toys, books or clothes to donate please see **Liza Tercero**

Hall Bookings - To book the Hall please contact Angharad Elias 07989 747026 hall.stcatherines@gmail.com

St John's Notes:

Home Group - Thursday 7-9 pm in St John's vestry. All are welcome to join this informal time of bible study and prayer.

Trench Foot - is the next concert in St John's on Friday 27 Feb. A Welsh folk band that tells tales, sings songs, makes you laugh, makes you cry, but above all entertains you) Doors open at 7pm Entry £5

Lent lunches every Friday at 12 noon during Lent starting on the 20 February.

Ty Bronna - The collection for Ty Bronna this month (Feb) is Pasta, Rice and Sauces.

St Luke's Notes:

St David's Day Lent Lunch Sunday 1 March to be held at the café at St Luke's numbers will be limited to approx. 30. Tickets cost £5.00 lunch will be leek and potato soup, cheese and biscuits, welsh cakes or bara brith.

Women's Group - On Thursday 26 February David Powell will be with us to give a talk entitled 'Birth, Life and Death of the Sun' at 7.30 in the Hall Lounge. Everyone welcome to come.

Hall Bookings - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 haydnpage@hotmail.co.uk

Recently Departed: Katharine Morrissey, Catherine Mary Kirkpatrick, Norma Miles, Fred Maggs.

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 22 Llangynwyd w Maesteg, Geraldine Blyth (V); Maseno North & South (Kenya); **St Polycarp**

Mon 23 Llanharan w Petersaton 0Super-Montem, Barbara Wood (Pin C); Maseno West- (Kenya)

Tues 24 Llanilid w Pencoed Ian Hodges (V) Masindi- Kitara-(Uganda)

Weds 25 Diocesan Board of Finance, Mr Paul Marshall; Massachusetts; **Lent Ember Day**

Thurs 26 Llansantffraid, Bettws and Aberkenfig Stephen Pare (R); Masvingo & Matabeland;

Fri 27 Newcastle, David Lloyd (V); Matlosane; **Lent Ember Day; George Herbert; Funeral St C. at 11:30 am**

Sat 28 Troedrhiwgarth, Chris Reaney (PinC); Mbaise- (Nigeria); **Lent Ember Day**

Sun 1 Mar Margam deanery Area Dean: Canon Philip Masson; Mabale- (Uganda); **St David's Day**

First Reading

A reading from the book of Genesis.

God said to Noah and to his sons with him, ‘As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth.’ God said, ‘This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth.’ God said to Noah, ‘This is the sign of the covenant that I have established between me and all flesh that is on the earth.’

Genesis 9.8-17

This is the word of the Lord.

Thanks be to God.

Psalm 25.1-10

R Your paths, O Lord, are love and faithfulness.

To you, O Lord, I lift up my soul;
my God, I put my trust in you;
let me not be humiliated,
nor let my enemies triumph over me.

Let none who look to you be put to shame;
let the treacherous be disappointed in their schemes.

R

Show me to your ways, O Lord,
and teach me your paths.

Lead me in your truth and teach me,
for you are the God of my salvation;
in you have I trusted all the day long.

R

Remember, O Lord, your compassion and love,
for they are from everlasting.

Remember not the sins of my youth
and my transgressions;
remember me according to your love.
and for the sake of your goodness, O Lord.

R

Gracious and upright is the Lord;
therefore he teaches sinners in his way.
He guides the humble in doing right
and teaches his way to the lowly.

All the paths of the Lord are love and faithfulness
to those who keep his covenant and his testimonies.

For your name's sake, O Lord,
forgive my sin, for it is great.

R

R Your paths, O Lord, are love and faithfulness.

Second Reading

A reading from the first letter of Peter.

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you – not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

1 Peter 3.18-22

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.'

And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

Mark 1.9-15

This is the Gospel of the Lord.

Praise to you, O Christ.