

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's St John's St Luke's

552	636	684
359	625	47
82	231	622
590		221

Collect:

Almighty God, whose Son revealed in signs and miracles the wonder of your saving presence: renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Psalm Response:

The statutes of the Lord are just and rejoice the heart.

Gospel Acclamation:

St John's:

Alleluia ...

Speak Lord your servant is listening, you have the words, you have the words of everlasting life.

Alleluia ...

St Luke's:

Come Holy Spirit fill the hearts of your faithful and kindle in them the fire of your love.

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.



"Preach the good news always! When necessary, use words." This phrase is attributed to St Francis of Assisi who was encouraging people to practice what they preach. In today's gospel we have Jesus setting out his mission statement while preaching in the synagogue at Nazareth in front of people who knew him well. We know that he practised what he preached (and then some). His life and actions show us the way almost as much as his teaching and words. As his followers one of the constant challenges we find is making sure our actions are in tune with our words and especially when we talk of Christian love, care, inclusion and compassion. An effective prayer, again from St Francis, is asking for God's help in this regard: Lord make me a means of your peace and love.

Epiphany 3 - Proclaiming Good News

St Catherine's - 8:00 Holy Eucharist; 10:30 Choral Eucharist;

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist;

St Luke's - 10:30 Sung Mass;

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Nehemiah 8:1-10; Psalm 19; 1 Cor 12:12-31; Luke 4 14-21

Psalm 19

- 1 The heavens declare the / glory • of / God: and the / firma-ment / sheweth • his / handy-work.
- 2 One day speaketh / to an-/other: and one night giveth / knowledge / to an-/other.
- 3 There is neither / speech nor / language: neither are their / voices / heard a-/mong them;
- 4 But their sound is gone out into / all / lands: and their words / into • the / ends • of the / world.
- 5 In them hath he set a tabernacle / for the / sun: "which cometh forth as a bridegroom out of his chamber, * and rejoiceth as a strong / man to / run his / course."
- 6 It goeth forth from the uttermost part of the heaven, *and runneth about unto the end of / it a-/gain: and there is nothing / hid • from the / heat there-/of.
- 7 The law of the Lord is perfect, re-/freshing • the / soul: the testimony of the Lord is sure, * and giveth / wisdom / unto • the / simple.
- 8 The statutes of the Lord are right, and re-/joice the / heart: the commandment of the Lord is pure, and giveth / light / unto • the / eyes.
- 9 The fear of the Lord is clean, and en-/dureth • for / ever: the judgements of the Lord are true, and / righteous / alto-/gether.
- 10 More to be desired are they than gold, * yea than / much fine / gold: sweeter also than / honey / and the / honeycomb.
- 11 Moreover by them is thy / servant / taught: and in keeping of them / there is / great re-/ward.
- 12 Who can tell how / oft • he of-/fendeth: O cleanse thou me / from my / secret / faults.
- 13 Keep thy servant also from presumptuous sins, * lest they get the do-/minion / over me: so shall I be undefiled and / innocent • of / great of-/fence.
- 14 Let the words of my mouth and the meditation of my heart * be acceptable / in thy / sight: O Lord my / strength and / my re-/deemer.

Next week's readings: Malachi 3:1-5; Psalm 24; Hebrews 2:14-18; Luke 2: 22-40

Benefice Notes:

Christian Unity - There will be a special joint service for the week of prayer for Christian Unity in Conway Road Methodist Church this evening at 6pm. All are welcome to help us celebrate what unites us as Christians.

Sunday Schools / Club Meetings - There's a quick meeting with parents and helpers after all our services today about how these services are run and supported. There'll be a particular emphasis on meeting diocesan safeguarding standards.

Messy Church - Next planning meeting is today at 4:45pm in St John's. The next theme will be 'Lent'.

Benefice Together - Next Sunday is the 5th Sunday of the month and our custom is to have one service only in the benefice that day. This will be at St Luke's at 10:30. Please note, there will be no other service apart from this one.

Youth Club - Mondays 7-9 in Calvary Baptist for the Cafe drop in and Fridays 7-9 in St Catherine's hall.

Youth Team Meeting - Meeting at St Catherine's Hall next Friday 29 Jan at 7pm.

Pastoral Care - Thank you to all those who completed the questionnaire last year. The results are now on the website.

Night shelter - If you would like to get involved in helping homeless people this winter please contact Fr Phelim.

Living Faith Study Group - Tuesdays at 7:30 pm in St John's. For info: Andrew Sims maxsims@hotmail.com 029 2034 4641

Bible Study Thursdays 7-9 St Johns Vestry: All welcome to our informal group discussion about the gospel reading for this coming Sunday. For more info contact Andrew (see above note)

Newsletter Email - If you'd like an email copy of the newsletter and readings please ask Sheila on mgsmkelly1@gmail.com

Paradise Run - is next Saturday, 30 January. As usual, can you please take food to Sylvia's house (114, Pencisely Road) or to Diana's (23, Greenfield Avenue) between 6-7 on the day itself. Warm clothing, sleeping bags, socks would be welcomed.

St Catherine's Notes:

Bookings - To book the Hall contact the clergy or email hall.stcatherines@gmail.com.

Logs - contact Clive 07931522683, Gareth 07527268461 or Diana 07909961256. From £5 per boot (depends on volume).

Midweek Services: Holy Eucharist at 11:00 am on Wednesday.

St John's Notes:

Church Booking - To book the church please contact the clergy. For concerts contact Gill Winton.

Lent Lunches in St John's begin on Friday 12th February at 12noon for the duration of the season of Lent.

Midweek Services: Holy Eucharist at 10:30 am on Thursday.

St Luke's Notes:

A warm welcome to Bishop David Wilbourne who is presiding and preaching at today's 10:30 mass.

Benefice Lunch - Sunday 24 January 12 noon - Benefice Lunch at St Luke's. £8.50

Hall Bookings - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 haydnpage@hotmail.co.uk

Midweek Services: Masses at 10:00 am on Tuesday and Wednesday; Friday at 6:30 pm; and 10:30 am on Saturday.

Recently Departed: William Lane, Hilary Morgan, Pat Rowlands, Iris Manley

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 24 Penrhiwceiber, Matthewstown and Ynysboeth, Andrew Holmes; Church of Brazil; **St Cadog; Epiphany 3**

Mon 25 Pontypridd Deanery, Michael Gable (AD);

Tues 26 Llantrisant, Viv Parkinson (V); Amazon, Brazil; **Sts Timothy and Titus;**

Wed 27 The Mothers' Union, Lynne Davies and Canon Ruth Moverly; Kenya; **St John Chrysostom;**

Thurs 28 Llantwit Fardre, Philip Gulling (V), Kevin Simpson (C NSM); Amichi, Nigeria; **St Thomas Aquinas;**

Fri 29 Pontypridd Min Area, Michael Gable, Peter Lewis, David Nyirongo; Amritsar and Andaman Islands;

Sat 30 Rhondda Deanery, Haydn England Simon (AD); Central Interior, Canada;

Sun 31 Dinas and Penygraig, Christopher Lewis Jenkins (V); Burundi; **World Leprosy and Homeless Sunday;**

Team Rector: Canon Mark Preece; 029 2056 2022 rector@beneficeofcanton.org.uk (Day off - Monday)

Team Vicar: Fr Phelim O'Hare; 029 2021 0732 vicar@beneficeofcanton.org.uk (Day off - Thursday)

24 January 2016 – Third Sunday of Epiphany

Collect of the Day

Almighty God, whose Son revealed in signs and miracles the wonder of your saving presence: renew your people with your heavenly grace, and in all our weakness sustain us by your mighty power; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading

A reading from the book of Nehemiah.

All the people gathered together into the square before the Water Gate. They told the scribe Ezra to bring the book of the law of Moses, which the LORD had given to Israel. Accordingly, the priest Ezra brought the law before the assembly, both men and women and all who could hear with understanding. This was on the first day of the seventh month. He read from it facing the square before the Water Gate from early morning until midday, in the presence of the men and the women and those who could understand; and the ears of all the people were attentive to the book of the law.

And Ezra opened the book in the sight of all the people, for he was standing above all the people; and when he opened it, all the people stood up. Then Ezra blessed the LORD, the great God and all the people answered, 'Amen, Amen,' lifting up their hands. Then they bowed their heads and worshipped the LORD with their faces to the ground. So they read from the book, from the law of God, with interpretation. They gave the sense, so that the people understood the reading.

And Nehemiah, who was the governor, and Ezra the priest and scribe, and the Levites who taught the people said to all the people, 'This day is holy to the LORD your God; do not mourn or weep.' For all the people wept when they heard the words of the law. Then he said to them, 'Go your way, eat the fat and drink sweet wine and send portions of them to those for whom nothing is prepared, for this day is holy to our LORD; and do not be grieved, for the joy of the LORD is your strength.'

Nehemiah 8.1-3,5-6,8-10

This is the word of the Lord.

Thanks be to God.

Psalm 19

R The statutes of the Lord are just and rejoice the heart.

The heavens declare the glory of God,
and the firmament shows his handiwork.

One day tells its tale to another,
and one night imparts knowledge to another.

Although they have no words or language,
and their voices are not heard,

their sound has gone out into all lands,
and their message to the ends of the world. **R**

In the deep has he set a pavillion for the sun;
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
It goes forth from the uttermost edge of the heavens
and runs about to the end of it again;
nothing is hidden from its burning heat. **R**

The law of the Lord is perfect and revives the soul;
the testimony of the Lord is sure
and gives wisdom to the innocent.
The statutes of the Lord are just and rejoice the heart;
the commandment of the Lord is clear
and gives light to the eyes. **R**

The fear of the Lord is clean and endures for ever;
the judgements of the Lord are true
and righteous altogether.
More to be desired are they than gold,
more than much fine gold,
sweeter far than honey, than honey in the comb. **R**

By them also is your servant enlightened,
and in keeping them there is great reward.
Who can tell how often he offends?
Cleanse me from my secret faults.
Above all, keep your servant from presumptuous sins;
let them not get dominion over me;
then shall I be whole and sound,
and innocent of a great offence. **R**

Let the words of my mouth and the meditation of my heart
be acceptable in your sight,
O Lord, my strength and my redeemer. **R**

R The statutes of the Lord are just and rejoice the heart.

Second Reading

A reading from the first letter of Paul to the Corinthians.

Just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ. For in the one Spirit we were all baptized into one body – Jews or Greeks, slaves or free – and we were all made to drink of one Spirit.

Indeed, the body does not consist of one member but of many. If the foot would say, ‘Because I am not a hand, I do not belong to the body,’ that would not make it any less a part of the body. And if

the ear would say, 'Because I am not an eye, I do not belong to the body,' that would not make it any less a part of the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God arranged the members in the body, each one of them, as he chose. If all were a single member, where would the body be? As it is, there are many members, yet one body. The eye cannot say to the hand, 'I have no need of you,' nor again the head to the feet, 'I have no need of you.' On the contrary, the members of the body that seem to be weaker are indispensable, and those members of the body that we think less honourable we clothe with greater honour, and our less respectable members are treated with greater respect; whereas our more respectable members do not need this. But God has so arranged the body, giving the greater honour to the inferior member, that there may be no dissension within the body, but the members may have the same care for one another. If one member suffers, all suffer together with it; if one member is honoured, all rejoice together with it.

Now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers; then deeds of power, then gifts of healing, forms of assistance, forms of leadership, various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak in tongues? Do all interpret? But strive for the greater gifts.

1 Corinthians 12.12-31a

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, O Lord.

Jesus, filled with the power of the Spirit, returned to Galilee, and a report about him spread through all the surrounding country. He began to teach in their synagogues and was praised by everyone.

When he came to Nazareth, where he had been brought up, he went to the synagogue on the sabbath day, as was his custom. He stood up to read, and the scroll of the prophet Isaiah was given to him. He unrolled the scroll and found the place where it was written:

'The Spirit of the Lord is upon me,
because he has anointed me to bring good news to the poor.
He has sent me to proclaim release to the captives
and recovery of sight to the blind,
to let the oppressed go free,
to proclaim the year of the Lord's favour.'

And he rolled up the scroll, gave it back to the attendant, and sat down. The eyes of all in the synagogue were fixed on him. Then he began to say to them, 'Today this scripture has been fulfilled in your hearing.'

Luke 4.14-21

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion Prayer

Almighty Father,
whose Son our Saviour Jesus Christ is the light of the world:
may your people,
illuminated by your word and sacraments,
shine with the radiance of his glory,
that he may be known, worshipped, and obeyed
to the ends of the earth;
for he is alive and reigns, now and for ever.