

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
467	314	503
249	249	374
635	88	249
314		

Collect:

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we finally lose not the things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Psalm Response:

To you, O Lord, my heart shall sing without ceasing.

Gospel Acclamation:

St John's:

Alleluia ...

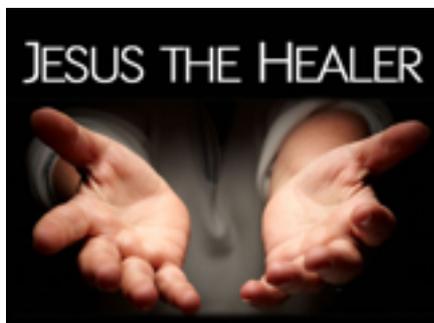
Speak Lord your servant is listening, you have the words, you have the words of everlasting life.

Alleluia ...

St Luke's:

Alleluia, alleluia, opening our hearts to him, singing Alleluia, alleluia, Jesus is our King!

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.



Heal the Sick! Our gospel today describes the intent of Jesus to heal the weak and infirm. In Matthew, Jesus commands his disciples to bring healing to those in need. We try to do this today by taking care of the sick and by accompanying them with our prayers of intercession. As Christians, we believe in the life giving presence of Christ, the physician of souls and bodies. But even the most intense prayers do not always obtain the healing of all illnesses. Sometimes, we can do no more than learn from the Lord that his "power is made perfect in weakness". Lord, help us to care for those who need your healing.

Trinity 4 - Petertide

St Catherine's - 8:00 Holy Eucharist; 10:30 Choral Eucharist;

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist; **4:00 pm Explore**

St Luke's - 10:30 Sung Mass;

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Wisdom 1:13-15, 2:23-24; Psalm 30; 2 Cor 8:7-15; Mark 5:21-43

Psalm 30

- 1 I will magnify thee O Lord, for thou hast / set me / up: and hast not suffered my / foes to / triumph / over me.
- 2 O Lord my God I / cried · unto / thee: and / thou hast / made me / whole.
- †3 Thou Lord hast brought my soul back from the / land of / death: thou hast saved my life from among / them that · go / down · to the / pit.
- 4 Sing praises unto the Lord O / ye his / servants: and give thanks unto him at the re-/membrance / of his / holiness.
- 5 For his wrath endureth but the twinkling of an eye; * in his good / pleasure · is / life: heaviness may endure for a night, * but / joy · cometh / in the / morning.
- 6 And in my prosperity I said * 'I shall never / be re-/moved: thou Lord of thy goodness hast / made my / hill so / strong.'
- 7 Thou didst / turn thy / face from me: and / I was / sore dis-/tressed.
- 8 Then cried I unto / thee O / Lord: even to the Lord did I / make my / suppli-/cation.
- 9 What profit is there / in my / blood: if I go / down / to the / pit?
- 10 Shall the dust give / thanks · unto / thee: or / shall it · de-/clare thy / faithfulness?
- 11 Hear O Lord and have / mercy · up-/on me: O / Lord be / thou my / helper.'
- 12 Thou hast turned my lamentation / into / dancing: thou hast put off my sackcloth, and / girded / me with / gladness.
- 13 Therefore shall my heart sing of thy / praise with-out / ceasing: O Lord my God I will give / thanks · unto / thee for / ever.

Next week's readings: Ezekiel 2:1-5; Psalm 123; 2 Corinthians 12:2-10; Mark 6:1-13

Benefice Notes:

Confirmation - The next class is today at 3:00 pm in St Luke's. This will be the last class until September. The date for our confirmation ceremony is 22 November, the feast of Christ the King, in St Catherine's. Bishop David will preside on the day.

Messy Church - Next meeting to plan July's Messy Church is today at 5:15 pm in St John's. July's Messy Church is on Sunday 12 July in St John's at 4:00 pm. This is earlier than the usual Sunday to avoid clashing with summer holidays.

Explore - Today at 4pm in St John's. The theme for this is 'Holy Hollywood' when we'll explore aspects of faith through film. All are welcome and, as ever, refreshments will follow. Popcorn will also be available.

Care Team - Thank you to all who filled in and commented in the questionnaires given out last Sunday. The care team will look at these in detail in the next few weeks and hopefully report back on this after the summer break.

PCC Meeting - The next PCC meeting is Tuesday 7 July at 7:30 pm in St Catherine's.

Noticeboard - If you would like to include something in the notes please send it to linsaycoolhouse@hotmail.com.

Vestry Home Group - Thursdays 7-9pm in St John's - Informal bible study exploring the Gospel readings - All are welcome! Cathays Mosque have made an open invitation to join their community for a meal during the season of Ramadan. Members of the Vestry Home Group are planning to visit on Monday 29 June. If you'd like to go ask Andrew Sims for more details.

Battle of the Bands - There are still places available for this music event which takes place next Saturday 4 July. Application forms need to be submitted before the Tuesday of this week (see [Facebook.com/CantonBOB](https://www.facebook.com/CantonBOB)).

St Catherine's Notes:

Hall Bookings - To book the Hall contact the clergy or email hall.stcatherines@gmail.com.

Gardening Club - Every Tuesday from 1:30 until 3:00 pm. All are welcome. For more details ask Hilary or Gareth.

St Catherine's Summer Fair - A huge thank you to all those that helped out, cooked, set-up, manned stalls and attended. The St Catherine's Great Summer Fair another fantastic day was had by all.

St John's Notes:

Church Booking - To book the Church please contact the clergy (see below for contacts).

Summer Fair - 4 July from 11:00 until 2:00 pm.

Ty Bronna - The collection this month (June) is for biscuits.

St Luke's Notes:

Hall Bookings - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 haydnpage@hotmail.co.uk

Ordinations - Congratulations to Fr Tom Bates the Revd Lyn Dafis and the other ordinands from Wales. We wish them every blessing as they continue their ministry and service in our diocese and throughout Wales.

High Tea and Songs of Praise - 5 July at 4pm. Tickets now available.

Recently Departed: Ronald Jones, Leonard Williams, .

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 28 St Andrews Major w Michaelston-Le-Pit Andrew James (Pin C); Osaka-(Japan)

Mon 29 Sully: Jonathan Ormrod (Pin C) Osun, (Nigeria); **SS. Peter and Paul, Apostles**

Tues 30 Wenvoe & St Lythans Jonathan Ormrod (Pin C); Ottawa; **Martyrdom of St Paul**

Wed 1 Archdeacons of Margam, Ven. Philip Morris; Otukpo (Nigeria); **St Euddogwy**

Thur 2 Bridgend Deanery, Edward Evans (AD); Owerri (Nigeria);

Fri 3 Coity, Nolton, Brackla w Coychurch, Mike Komor, Pauline Smith, Jane Shaw; Owo (Nigeria); **St Thomas, Apostle**

Sat 4 Ewenny and St Bride's Major, Ven. Philip Morris (PinC); Oxford; **St Peblig, Abbot**

Sun 5 Board of Nomination, ++Barry, Mike Komor; Quebec, Canada

28th June 2015 – Fourth Sunday after Trinity (Proper 8)**Collect of the Day**

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading

A reading from the book of Wisdom.

God did not make death,
and he does not delight in the death of the living.
For he created all things so that they might exist;
the generative forces of the world are wholesome,
and there is no destructive poison in them,
and the dominion of Hades is not on earth.
For righteousness is immortal.
for God created us for incorruption,
and made us in the image of his own eternity,
but through the devil's envy death entered the world,
and those who belong to his company experience it.

Wisdom of Solomon 1.13-15; 2.23-24

This is the word of the Lord.

Thanks be to God.

Canticle

Lamentations 3.23-33

R The Lord is good to those who wait for him.

The steadfast love of the Lord never ceases,
his mercies never come to an end;
They are new every morning;
great is your faithfulness.

R

'The Lord is my portion,' says my soul,
'therefore I will hope in him.'

The Lord is good to those who wait for him,
to the soul that seeks him.

It is good that one should wait quietly
for the salvation of the Lord.

R

It is good for one to bear the yoke in youth,
to sit alone in silence when the Lord has imposed it,
To put one's mouth to the dust (there may yet be hope),
to give one's cheek to the smiter,
and be filled with insults.

R

For the Lord will not reject for ever.
Although he causes grief,
he will have compassion
according to the abundance of his steadfast love;
for he does not willingly afflict or grieve anyone.

R

R The Lord is good to those who wait for him.

Second Reading

A reading from the second letter of Paul to the Corinthians.

You excel in everything – in faith, in speech, in knowledge, in utmost eagerness, and in our love for you – so we want you to excel also in this generous undertaking.

I do not say this as a command, but I am testing the genuineness of your love against the earnestness of others. For you know the generous act of our Lord Jesus Christ, that though he was rich, yet for your sakes he became poor, so that by his poverty you might become rich. And in this matter I am giving my advice: it is appropriate for you who began last year not only to do something but even to desire to do something – now finish doing it, so that your eagerness may be matched by completing it according to your means. For if the eagerness is there, the gift is acceptable according to what one has – not according to what one does not have. I do not mean that there should be relief for others and pressure on you, but it is a question of a fair balance between your present abundance and their need, so that their abundance may be for your need, in order that there may be a fair balance. As it is written,

‘The one who had much did not have too much,
and the one who had little did not have too little.’

2 Corinthians 8.7-15

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

When Jesus had crossed again in the boat to the other side, a great crowd gathered around him; and he was by the lake. Then one of the leaders of the synagogue named Jairus came and, when he saw him, fell at his feet and begged him repeatedly, 'My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well, and live.' So he went with him.

And a large crowd followed him and pressed in on him. Now there was a woman who had been suffering from haemorrhages for twelve years. She had endured much under many physicians, and had spent all that she had; and she was no better, but rather grew worse. She had heard about Jesus, and came up behind him in the crowd and touched his cloak, for she said, 'If I but touch his clothes, I will be made well.' Immediately her haemorrhage stopped; and she felt in her body that she was healed of her disease. Immediately aware that power had gone forth from him, Jesus turned about in the crowd and said, 'Who touched my clothes?' And his disciples said to him, 'You see the crowd pressing in on you; how can you say, "Who touched me?"' He looked all around to see who had done it. But the woman, knowing what had happened to her, came in fear and trembling, fell down before him, and told him the whole truth. He said to her, 'Daughter, your faith has made you well; go in peace, and be healed of your disease.'

While he was still speaking, some people came from the leader's house to say, 'Your daughter is dead. Why trouble the teacher any further?' But overhearing what they said, Jesus said to the leader of the synagogue, 'Do not fear, only believe.' He allowed no one to follow him except Peter, James, and John, the brother of James. When they came to the house of the leader of the synagogue, he saw a commotion, people weeping and wailing loudly. When he had entered, he said to them, 'Why do you make a commotion and weep? The child is not dead but sleeping.' And they laughed at him. Then he put them all outside, and took the child's father and mother and those who were with him, and went in where the child was. He took her by the hand and said to her, 'Talitha cum,' which means, 'Little girl, get up!' And immediately the girl got up and began to walk about (she was twelve years of age). At this they were overcome with amazement. He strictly ordered them that no one should know this, and told them to give her something to eat.

Mark 5.21-43

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion Prayer

Eternal God,
comfort of the afflicted and healer of the broken,
you have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all the world may acknowledge
the kingdom of your Son, Jesus Christ our Lord.