

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
70	97	97
689	413	169 &
82	405	413
565		205

Collect:

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we lose not our hold on things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Psalm Response:

Our eyes look to the Lord our God, until he shows us his mercy.

Gospel Acclamation:

St John's:
Alleluia ...
Speak Lord your servant is listening, you have the words, you have the words of everlasting life.
Alleluia ...

St Luke's:
Come, Holy Spirit, fill the hearts of your faithful And kindle in them the fire of your love

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.



Called to Serve - At this time of year our church celebrates the commissioning of new readers, the ordination of new priests and deacons and the anniversaries of those celebrating many years of ministry and service in God's Kingdom. However, we are reminded in today's readings of the challenges and difficulties involved in serving people who sometimes don't want to hear difficult things being said. The temptation to resist challenges and ignore the desire of God to heal, transform and renew his people is always a threat to Christian communities. This is summed up by the teaching from Jesus that prophets are rarely fully accepted by their own communities. This day, we pray for God's help to enable us to welcome prophets and the God who sends them.

Trinity 5

St Catherine's - 8:00 Holy Eucharist; 10:30 Choral Eucharist;

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist; **12:30 pm Baptism**

St Luke's - 10:30 Sung Mass; **6:00 pm Songs of Praise**

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Ezekiel 2:1-5; Psalm 123; 2 Corinthians 12:2-10; Mark 6:1-13

Psalm 123

- 1 Unto thee lift I / up mine / eyes: O thou that / art en-/throned in / heaven.
- 2 Behold, as the eyes of servants look unto the / hand of • their / masters: and as the eyes of a maid / unto • the / hand of • her / mistress,
- † 3 Even so our eyes look unto the / Lord our / God: un-/til he / shew us • his / favour.
- 4 Be gracious unto us O Lord and / shew us • thy / favour: for / long • have we / suffered • con-/tempt.
- 5 Long hath our soul suffered the / scorn • of the / arrogant: and the con-/tempt of / them • that are / proud.

Next week's readings: Amos 7:7-15; Ps 85:8-13; Ephesians 1:3-14; Mark 6:14-29

Benefice Notes:

Confirmation - The date for our confirmation ceremony is 22 November, the feast of Christ the King, in St Catherine's. Bishop David will preside on the day.

Messy Church - July's Messy Church is next Sunday 12 July in St John's at 4:00 pm. This is earlier than the usual Sunday to avoid clashing with summer holidays. The

theme of our worship and crafts will be 'The Story of Joshua'. August's Messy Church will be on 23 August at 4:00 pm in St Catherine's and the planning meeting for this will be in St John's on 16 August at 5:00pm.

PCC Meeting – The next PCC meeting is Tuesday 7 July at 7:30 pm in St Catherine's (N.B. please note the venue).

Noticeboard - If you would like to include something in the notes please send it to linsaycoolhouse@hotmail.com.

Vestry Home Group - Thursdays 7-9pm in St John's - Informal bible study exploring the Gospel readings of the coming Sunday in more depth - All are welcome!

Changes to Services for August - There will be no Sunday evening services in the Benefice during August and there will be only **one** celebration of the Eucharist at 8.00 am on Sundays. This will alternate between St John's and St Catherine's. The 8:00 am Eucharist will be in St John's on the 2 & 16 August and in St Catherine's on the 9 and 23 August. The main Sunday morning services and weekday services will not be affected. The usual service pattern will resume in September.

Churches Together - A new website was started last month to allow the joint services and social action of Churches Together in Canton to be promoted. www.cantonchurches.org.uk Our Benefice is a key supporter of this. The ventures so far are: joint worship three times a year, Canton Messy Church, Churches Youth Club and the Night Shelter which Calvary baptist hosts.

Spring Clean in Autumn - In September/October of this year we hope to set aside a Saturday where we invite as many as possible to come along and clean, tidy, repair, beautify our churches and halls. It would be great if individuals from different churches could help out with the Autumn Clean of each of the churches as a sign of mutual support and generosity. More details to follow.

St Catherine's Notes:

Hall Bookings - To book the Hall contact the clergy or email hall.stcatherines@gmail.com.

Gardening Club - Every Tuesday from 1:30 until 3:00 pm. All are welcome. For more details ask Hilary or Gareth.

St Catherine's Summer Fair - A huge thank you to all those that helped out, cooked, set-up, manned stalls and attended the fair. As things stand, the money raised to date is a little over £2000, which is an amazing achievement.

St John's Notes:

Church Booking - To book the Church please contact the clergy (see below for contacts).

Summer Fair - Thank you to all who helped during the Summer Fair. It was wonderful to see so many visit the church and the amount of time and effort donated to help us raise funds for our community. Well done everyone.

Ty Bronna - The collection this month (July) is for sugar, tea and coffee.

St Luke's Notes:

Hall Bookings - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 haydnpage@hotmail.co.uk

High Tea and Songs of Praise - is later this afternoon, 5 July, at 4pm. Songs of Praise follows in the Church at 6:00 pm. Please join us.

Women's Group - End of year dinner will be at The Summer Palace in Llandaff at 7:00 pm on Thursday 9 July.

Recently Departed: Ian Sennett, Leonard Williams, Keith Kirbyson, Brian Sherman, Harold Garret.

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 5 Ewenny and St Brides Major, Philip Morris (PinC); Oyo (Nigeria);

Mon 6 Laleston & Merthyr Mawr w Penyfai, Edward Evans (V); Pacong (Sudan); **St Thomas More;**

Tues 7 Llandyfodwg & Cwogwr, Julian Jenkins (PinC);

Wed 8 Department for Communications, Alison Young, Mike Komor; Pankshin (Nigeria);

Thur 9 Llangeinor and Garw Valley, Roger Pitman (PinC); Paraguay;

Fri 10 Llangynwyd w Maesteg, Geraldine Blyth (V); Pelotas, Brazil;

Sat 11 Llanharan w Brynna, Barbara Wood (PinC); Perth; **St Benedict**

Sun 12 Sea Sunday; Llanilid w Pencoed, Ian Hodges (V); Peru;

Team Rector: Canon Mark Preece; 029 2056 2022 rector@beneficeofcanton.org.uk (Day off - Monday)

Team Vicar: Fr Phelim O'Hare; 029 2021 0732 vicar@beneficeofcanton.org.uk (Day off - Thursday)

First Reading

A reading from the book of the prophet Ezekiel.

The heavens were opened, and I saw visions of God. When I saw this, I fell on my face, and I heard the voice of someone speaking. He said to me: O mortal, stand up on your feet, and I will speak with you. And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, 'Thus says the Lord GOD.' Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

Ezekiel 2.1-5

This is the word of the Lord.

Thanks be to God.

Psalm 123

R Our eyes look to the Lord our God, until he shows us his mercy.

To you I lift up my eyes,

to you enthroned in the heavens.

As the eyes of servants look to the hand of their masters,

and the eyes of a maid to the hand of her mistress,

So our eyes look to the Lord our God,

until he shows us his mercy. **R**

Have mercy upon us, O Lord, have mercy,

for we have had more than enough of contempt,

Too much of the scorn of the indolent rich,

and of the derision of the proud. **R**

R Our eyes look to the Lord our God, until he shows us his mercy.

Second Reading

A reading from the second letter of Paul to the Corinthians.

I know a person in Christ who fourteen years ago was caught up to the third heaven – whether in the body or out of the body I do not know; God knows. And I know that such a person – whether in the body or out of the body I do not know; God knows – was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me, even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. Three times I appealed to the Lord about this, that it would leave me, but he said to me, 'My grace is sufficient for you, for

power is made perfect in weakness.’ So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

2 Corinthians 12.2-10

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

Jesus came to his home town, and his disciples followed him. On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, ‘Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?’ And they took offence at him. Then Jesus said to them, ‘Prophets are not without honour, except in their home town, and among their own kin, and in their own house.’ And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. And he was amazed at their unbelief.

Then he went about among the villages teaching. He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; but to wear sandals and not to put on two tunics. He said to them, ‘Wherever you enter a house, stay there until you leave the place. If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them.’ So they went out and proclaimed that all should repent. They cast out many demons, and anointed with oil many who were sick and cured them.

Mark 6.1-13

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion Prayer

Eternal God,
comfort of the afflicted and healer of the broken,
you have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all the world may acknowledge
the kingdom of your Son, Jesus Christ our Lord.