

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
144	565	565
21	217	186
519	32	67
565		217

Collect:

Almighty God, whose only Son has opened for us a new and living way into your presence: give us pure hearts and steadfast wills to worship you in spirit and in truth; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Psalm Response:

You open wide your hand, O Lord, and satisfy our needs.

Gospel Acclamation:

St John's:

Alleluia ...

Speak Lord your servant is listening, you have the words, you have the words of everlasting life.

Alleluia ...

St Luke's:

Come Holy Spirit fill the hearts of your faithful and kindle in them the fire of your love.

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.



Syrophoenician Women - Today's gospel tells the story of the Syrophenician woman who pleads to Jesus for help to save her daughter. The plight of women and parents from Syria have been much in our hearts and minds these past weeks. In the same way Jesus responded to her faith and cries for help perhaps we too should follow his lead. The letter from James challenges us to act: **"If a brother or sister is naked and lacks daily food, and one of you says to them, 'Go in peace; keep warm and eat your fill', and yet you do not supply their bodily needs, what is the good of that?"**

Trinity 14

St Catherine's - 8:00 Holy Eucharist; 10:30 Sung Eucharist with Baptism

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist; 12:30 Baptism: 3:30 pm Reflection and Prayer for Refugees (Interfaith)

St Luke's - 10:30 Sung Mass; 6:00 pm Benediction

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Isaiah 35:4-7; Psalm 146; James 2:1-17; Mark 7:24-37

Psalm 146

- 1 Praise ye the Lord. * Praise the Lord / O my / soul: while I / live · will I / praise the / Lord;
- 2 Yea as long as I / have · any / being: I will sing / praises / unto · my / God.
- 3 O put not your trust in princes, * nor in any / child of / man: for there / is no / help in / them.
- 4 For when the breath of man goeth forth, * he shall turn a-/gain · to his / earth: and in that day / all his / thoughts / perish.
- 5 Blessèd is he that hath the God of Jacob / for his / help and whose hope is / in the / Lord his / God,
- 6 Who made heaven and earth, * the sea and all that / therein / is: who / keepeth · his / promise · for / ever,
- 7 Who helpeth them to right that suffer wrong, * and / feedeth · the / hungry: the Lord / looseth · men / out of / prison.
- 8 The Lord giveth / sight · to the / blind: the Lord helpeth them that are bowed down, * the / Lord / loveth · the / righteous.
- 9 The Lord careth for them that are strangers in the land, * he sustaineth the / fatherless · and / widow: as for the way of the ungodly, he / turneth · it / upside / down.
- 10 The Lord shall be King for / ever-/more: even thy God O Zion throughout all generations. * / Praise / ye the / Lord.

Next week's readings: Isaiah 50:4-9; Psalm 116:1-9; James 3: 1-12; Mark 8 27:38

Benefice Notes:

Refugee Crisis - There is a special service this afternoon in St John's to allow people from different faiths and views to reflect and pray for people forced to flee their homes in search of sanctuary. It is organised by Churches Together in Wales and links with the Wales v Israel match. The Church is open from 2pm for fans on their way to the match and others to pop in and light a candle. The service begins at 3:30

for 20 minutes or so. If you can help us host those visiting St John's we'd be most grateful.

Explore and Confirmation - Resumes in St John's next Sunday 13 September at 4pm. The format is Cafe Church style. This links with the Confirmation programme. Dates for this term's confirmation meetings will be given out at this service.

Messy Church Planning - Next planning meeting is next Sunday in St John's at 5:00 pm after Explore.

Living Faith Study Group - All welcome to new module, **Questions of Faith**, starts Tuesday 15 Sept at 19:30 in the vestry at St John's. Contact Andrew Sims maxsims@hotmail.com 029 2034 4641 for more info

Mothers' Union - Service in St Catherine's at 2pm on Monday 7 September led by Fr Phelim.

Churches Together - Our next joint service will be in Ecumenical Evening Prayer in St John's on Sunday 20 September.

Spring Clean in Autumn - Dates are as follows: Sat 19 September - St John's; Sat 10 October - St Luke's; Sat 17 October - St Catherine's. We are asking if you could give us one of these days to help clean, tidy, repair, beautify our churches and halls.

Paradise Run - The next run is on this coming Saturday, 12th Sept. Please bring food to Sylvia's house (114, Pencisely Road) or to Diana's (23, Greenfield Avenue) between 6-7pm on the day. Contact Diana 02921 400367 for more information.

PCC and Meetings: Youth: 8 Sept at the Vicarage, 7:30 pm. Finance: 9 Sept at the Rectory, 7:30 pm. Buildings: 15 Sept at the Rectory, 7:30 pm. The next PCC is on 4 October in St Luke's at 7:00 pm.

Vestry Home Group Bible Study - Thursdays 7-9pm in St John's. All are welcome to this informal gathering.

St Catherine's Notes:

Kos Kindness - A request has come in for help from St Catherine's to gather essential items to send to refugees arriving in the Mediterranean. If you would like to help please contact Fr Phelim or Bev Donaldson for info or search Facebook.

Hall Bookings - To book the Hall contact the clergy or email hall.stcatherines@gmail.com.

Logs - There are a number of logs for sale at St Catherine's as a result of the recent culling of dangerous and damaging trees. Please see Hilary or Gareth for details. £5 for a boot-full (more if larger vehicle)

Autumn Clean - If there is something the Church or Hall that you'd like addressed, please let Hilary or the clergy know.

St John's Notes:

Church Booking - To book the Church please contact the clergy (see below for contacts).

Ty Bronna - The collection this month (September) is for tomato and brown sauces.

Harvest Supper - No lunch in September but there'll be a Harvest Supper on 2 October. 4 courses plus a glass of wine £10.00. Tickets available from Ruth Honey

Autumn Cleaning and Table Top Sale - Saturday 19 September. Lists of jobs to go up soon.

St Luke's Notes:

'Some Like it Hot' **St Luke's Curry Night**. Sat Oct 3 @ 7.30 3 courses for £8.50. Please bring your own drinks. Tickets available this week from Kath Picton, Sue B, Mgt W and the churchwardens, numbers are limited to approx. 35.

Autumn Clean - Sat 10 October.

Hall Bookings - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 haydnpage@hotmail.co.uk

Recently Departed Barbara McKay, Dorothy Evans, Colin Plain.

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 6 - Aberdare St Fagan, Richard Green (V); Sialkot, Pakistan; **Trinity 14.**

Mon 7 - Cwmbach, Christopher Smith (PinC); Singapore;

Tues 8 - Hirwaun, Ceirion Rees (V); Sittwe, Myanmar; **Nativity of BVM;**

Wed 9 - Diocesan Director of Ordinands, Trystan Hughes; Sodor and Man;

Thur 10 - Mountain Ash and Miskin, Michael Jones (V); Sokoto, Nigeria; **William Salesbury, William Morgan Translators;**

Fri 11 - Penrhwi-ceiber, Matthewstown & Ynysboath, Andrew Holmes (V); Soroti, Uganda; **St Deiniol;**

Sat 12 - Pontypridd Deanery, Michael Gable (AD); South Ankole, Uganda;

Sun 13 - Llantrisant, Vivian Parkinson (V); South Dakota; **St Cyprian TRINITY 15**

Team Rector: Canon Mark Preece; 029 2056 2022 rector@beneficeofcanton.org.uk (Day off - Monday)

Team Vicar: Fr Phelim O'Hare; 029 2021 0732 vicar@beneficeofcanton.org.uk (Day off - Thursday)

6 September 2015 – Fourteenth Sunday after Trinity (Proper 18)**Collect of the Day**

Almighty God, whose only Son has opened for us a new and living way into your presence: give us pure hearts and steadfast wills to worship you in spirit and in truth; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading

A reading from the book of the prophet Isaiah.

Say to those who are of a fearful heart,
'Be strong, do not fear!
Here is your God.
He will come with vengeance, with terrible recompense.
He will come and save you.'

Then the eyes of the blind shall be opened,
and the ears of the deaf unstopped;
then the lame shall leap like a deer,
and the tongue of the speechless sing for joy.
For waters shall break forth in the wilderness,
and streams in the desert;
the burning sand shall become a pool,
and the thirsty ground springs of water.

Isaiah 35.4-7a

This is the word of the Lord.

Thanks be to God.

Psalm 146

R You open wide your hand, O Lord, and satisfy our needs.

Alleluia! Praise the Lord, O my soul!

I will praise the Lord as long as I live;

I will sing praises to my God while I have my being. **R**

Put not your trust in rulers,

nor in any child of earth,

for there is no help in them.

When they breathe their last, they return to earth,

and in that day their thoughts perish. **R**

Happy are they who have the God of Jacob for their help!
whose hope is in the Lord their God;

Who made heaven and earth,
the seas, and all that is in them;
who keeps his promise for ever;
Who gives justice to those who are oppressed,
and food to those who hunger. **R**

The Lord sets the prisoners free;
the Lord opens the eyes of the blind;
The Lord lifts up those who are bowed down;
the Lord loves the righteous;
The Lord cares for the stranger;
he sustains the orphan and widow,
but frustrates the way of the wicked. **R**

The Lord shall reign for ever,
your God, O Zion, throughout all generations. Alleluia! **R**
R You open wide your hand, O Lord, and satisfy our needs.

Second Reading

A reading from the letter of James.

My brothers and sisters, do you with your acts of favouritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, 'Have a seat here, please,' while to the one who is poor you say, 'Stand there,' or, 'Sit at my feet,' have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonoured the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfil the royal law according to the scripture, 'You shall love your neighbour as yourself.' But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, 'Go in peace; keep warm and eat your fill,' and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

James 2.1-10,14-17

This is the word of the Lord.
Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Mark.

Glory to you, O Lord.

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, 'Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs.' But she answered him, 'Sir, even the dogs under the table eat the children's crumbs.' Then he said to her, 'For saying that, you may go – the demon has left your daughter.' So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, 'Ephphatha,' that is, 'Be opened.' And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, 'He has done everything well; he even makes the deaf to hear and the mute to speak.'

Mark 7.24-37

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion Prayer

God our creator,
you feed your children with the true manna,
the living bread from heaven:
let this holy food sustain us through our earthly pilgrimage
until we come to that place
 where hunger and thirst are no more;
through Jesus Christ our Lord.