

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
116	217	217
367	411	411
625	625	610
227		163

Collect:

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Psalm Response:

Happy are they who walk in the law of the Lord.

Gospel Acclamation:

St John's: **Speak Lord your servant is listening, you have the words of everlasting life.**

St Luke's: **Alleluia Alleluia, alleluia, opening our hearts to him, singing Alleluia, alleluia, Jesus is our King!**

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy.



In the Sermon on the Mount (today's gospel) we hear Jesus presenting a renewed moral teaching from that of the Old Testament - a renewed Torah for a renewed people. Consequently, the whole setting almost presents Jesus as the new Moses. Jesus shocks his listeners deliberately with his suggestions at how we should respond to sinful actions. He is encouraging them to take a more mature responsibility for what they do (or omit). The purpose of all this is to show that genuine righteous living is a matter for the heart, the mind, the whole person and not just 'doing this, avoid doing that'. As always, Jesus is calling us to a new way of life and of living.

Third Sunday before Lent

St Catherine's - 8:00 Holy Eucharist; 10:30 Sung Eucharist ;

St John's - 9:00 Sung Eucharist; **4:00pm Messy Church**

St Luke's - 10:30 Sung Mass;

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Deuteronomy 30:15-20; Psalm 119:1-8; 1 Corinthians 3:1-9; Matthew 5:21-37

Psalm 119

- 1 Blessèd are those that are blameless / in their / lives: and / walk • in the / law • of the / Lord.
- 2 Blessèd are they that / keep his / testimonies : and seek him / with their / whole / heart;
- 3 Even they who / do no / wickedness : and / walk • in his / ways with / perfectness.
- 4 Thou hast / ordered • thy / precepts : that / we should / keep them / diligently.
- 5 O that my / ways were • made / steadfast: that / I might / keep thy / statutes.
- 6 Then would I not be / put to / shame: while I give heed unto / all / thy com- / mandments,
- 7 I will thank thee with an / upright / heart : when I / learn thy / righteous / judgements.
- 8 I will / keep thy / statutes : O for-/sake me / not / utterly.

Next week's readings: Genesis 1:1-2:3; Psalm 136:1-9,23-26; Rom 8:18-25; Matt 6:25-34

Benefice Notes:

First Holy Communion - Congratulations to all those who received Holy Communion for the first time last week and for those receiving it today for the first time. Thanks also to the leaders and helpers who prepared them.

Messy Church - Messy Church resumes this Sunday 12 February in St John's at 4pm.

Youth Club Games Night - St Catherine's hall on Friday evenings from 7-8:30pm. It

is open to children in school years 5 & 6. For details see the website or email Sarah on burton-sarah@hotmail.co.uk

Electoral College - Please keep in your prayers over the next few weeks the members of the C. in W. Electoral College as they work together, under the guidance of God's Spirit, to discern the next Bishop for our diocese of Llandaff.

Confirmation Preparation - Our confirmation programme is now open for new candidates - we meet on Saturdays in either the Vicarage or in St John's at 11:30am for an hour. Confirmation is open to children in year 5 or above.

Visiting Clergy - thank you to the following clergy who will be helping out during February: Fr Jesse Smith, Fr Chris Lee, Fr David Sheen, Fr Mark Dimond and a continual thank you to Fr Keith who still helps us each week.

Service Times Change Please note the new times: only one 8am Holy Eucharist each Sunday alternating between St John's (1st and 3rd Sundays) and St Catherine's (2nd and 4th Sundays). St John's Sung Eucharist now starts at 9:00 am.

Meditation Group - A small group meets once a fortnight (Fridays at 5.45) at St. John's vestry. The next session is this coming Friday (17th). We have a short text then meditate for 30 minutes in silence before a time of sharing. Please join us if it appeals to you. Info from Diana (M) 07754179373

Lent Courses - We have a few additional options for Lent this year. Churches Together in Canton will be meeting on Monday evenings to offer a lent course with a focus on healing and diversity (details of church venues and leaders will follow soon) - it will be in a different church each night with different speakers. Bishop David is also offering a Lent course called 'Upping our Game' in St Isan's Church, Llanishen, CF14 5JX on Wednesdays at 7:30pm. (see our website for details).

Diocesan Quiet Day - Rev. Canon Dr. Sarah Rowland-Jones will be leading this at All Saint's Church, Southerndown on Feb 18. Bring own lunch, tea and coffee provided. £10 - everyone welcome. Also, there will be a day on **Celtic**

Spirituality led by Esther de Waal at Llangasty on Feb 28. For details contact Diana (M) 07754179373

Youth Bible Study and Pizza - NO BIBLE STUDY THIS WEEK Usually meets on Sundays at 6pm in St John's vestry from 6-7:30pm. It is for youth (11+). For details contact Sarah burton-sarah@hotmail.com.uk.

St Catherine's Notes:

Hall Bookings - To book the Hall contact the clergy or email Bev on hall.stcatherines@gmail.com.

Thank You to Fr Chris Lee for preaching and presiding at today's Sung Eucharist.

Midweek Services: Holy Eucharist this Wednesday at 11:00am

St John's Notes:

Ty Bronna - This month's collection for the Ty Bronna centre is for pasta and sauces (more details on our website).

Midweek Services: Holy Eucharist Thursday at 10:30 am

St Luke's Notes:

Shrove Tuesday Pancakes and Quiz - St Luke's hall from 7pm on 28 February. This will be a Ministry Area social event.

Midweek Services: Masses at 10:00 am on Tuesdays; 6:00 pm on Fridays; and 10:30 am on Saturday

Recently Departed: Vernon Couch, Margaret Notley, John Thomas, Gerwyn Williams, Peter John Fenner, Eileen Driscoll

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 12 Gelligaer, Gary Powell (PinC); Lusaka (Central Africa); **3rd Sunday before Lent**

Mon 13 Mertyr Tydfil, Christchurch, Martyn Perry (PinC); Luwero (Uganda);

Tues 14 Merthyr Tydfil, St. David & Abercanaid: Mark Prevett (PinC); Lweru (Tanzania); **Sts Cyril & Methodius**

Wed 15 The Governing Body of the Church in Wales, Llandaff Reps; Machakos (Kenya);

Thur 16 Pontlloftyn & Fochriw & Rhymney: Robert Lindsay (PinC); Madhya Kerala (S. India)

Fri 17 Treharris, Trelewis, Bedlinog & Llanfabon, Gareth Coomes (PinC); Madurai-Ramnad (S. India)

Sat 18 Troedyrhiwbw Merthyr Vale, Stephen Barnes (V); Madi & West Nile (Uganda); **Fra Angelico, Andrei Rublev**

Sun 19 Ystrad Mynach & Llanbradach, Steven Kirk (V) Keith Hemmings(C); Mahajanga; **2nd Sunday before Lent**

Team Rector: **Canon Mark Preece;** 029 2056 2022 rector@beneficeofcanton.org.uk (Day off - Monday)

Team Vicar: **Fr Phelim O'Hare;** 029 2021 0732 vicar@beneficeofcanton.org.uk (Day off - Thursday)

12 February 2017 – Third Sunday before Lent (*Proper 2*)

Collect of the Day

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading

A reading from the book of Deuteronomy.

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

Deuteronomy 30.15-20

This is the word of the Lord.

Thanks be to God.

Psalm 119.1-8

R Happy are they who walk in the law of the Lord.

Happy are they whose way is blameless,
who walk in the law of the Lord!

Happy are they who observe his decrees
and seek him with all their hearts!

R

Who never do any wrong,
but always walk in his ways.

You laid down your commandments,
that we should fully keep them.

R

O that my ways were made so direct
that I might keep your statutes!
Then I should not be put to shame,
when I regard all your commandments. **R**

I will thank you with an unfeigned heart,
when I have learned your righteous judgements.
I will keep your statutes;
do not utterly forsake me. **R**

R Happy are they who walk in the law of the Lord.

Second Reading

A reading from the first letter of Paul to the Corinthians.

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, 'I belong to Paul,' and another, 'I belong to Apollos,' are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.

1 Corinthians 3.1-9

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

On the mountain, Jesus gathered his disciples around him and taught them, saying: You have heard that it was said to those of ancient times, "You shall not murder"; and "whoever murders shall be liable to judgement." But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, "You fool," you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

You have heard that it was said, “You shall not commit adultery.” But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

It was also said, “Whoever divorces his wife, let him give her a certificate of divorce.” But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

Again, you have heard that it was said to those of ancient times, “You shall not swear falsely, but carry out the vows you have made to the Lord.” But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be “Yes, Yes” or “No, No”; anything more than this comes from the evil one.

Matthew 5.21-37

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion Prayer

Merciful Father,
who gave Jesus Christ to be for us the bread of life,
that those who come to him should never hunger:
draw us to the Lord in faith and love,
that we may eat and drink with him
at his table in the kingdom,
where he is alive and reigns, now and for ever.