

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
541	541	161
252	310	532
723	343	343
565		

Collect:

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Psalm Response:

O that today you would hearken to his voice! Harden not your hearts.

Gospel Acclamation:

St John's: **Speak Lord your servant is listening, you have the words of everlasting life.**

St Luke's: **Silent Surrendered ... (see hymn 941)**

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy.



Today's readings focus on Baptism and new life. The symbol of water can refer to our relationship with God: Water represents God's Spirit which comes to us in Baptism. It is the outward, symbolic sign of a deep reality, the coming of God as a Force penetrating every aspect of a person's life. The Spirit quenches our spiritual thirst. The water of a true, loving relationship with Jesus is life-giving for those who accept him as Lord and Saviour. We gather as church to share in this water of eternal life and salvation.

Third Sunday of Lent

St Catherine's - 10:30 Sung Eucharist and Baptism;

St John's - 8:00 Holy Eucharist; 9:00 Sung Eucharist; 6:00 pm Evening Prayer

St Luke's - 10:30 Sung Mass;

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

Exodus 17:1-7; Psalm 95; Romans 5:1-11; John 4:5-42

Psalm 95

- 1 O come let us / sing un • to the / Lord: let us heartily rejoice in the / Rock of / our sal-va-tion.
- 2 Let us come before his / presence • with / thanksgiving: and sing / loudly • unto / him with / psalms.
- 3 For the Lord is a / great / God: and a great / King a-/bove all / gods.
- 4 In his hand are all the deep / places • of the / earth: and the heights of the / mountains • are / his / also.
- 5 The sea is his and / he / made it: and his hands pre-/pared the / dry / land.
- 6 O come let us worship and / bow / down: and kneel be-/fore the / Lord our / maker.
- †7 For he is our God, * and we are his people and the / sheep of • his / pasture: today, if ye will hear his voice, / ye shall / know his / power.
- 8 'Harden not your hearts, / as • at Me-/ribah: and as on the day of / Massah / in the / wilderness,
- 9 'When your / fathers / tested me: and put me to the proof, * / though • they had / seen my / works.
- 10 'Forty years long did I abhor that gener-/ation • and / said: " It is a people that do err in their hearts, * for they / give no / heed to • my / ways,"
- 11 'Even as I / swear • in my / wrath: that they should not / enter / into • my / rest.'

Next week's readings: Exodus 2:1-10; Ps. 127:1-4; Colossians 3:12-17; John 19:25-27

Benefice Notes:

Messy Church - Messy Church is in St John's on Sunday 9 April at 4pm. The theme is all about Holy Week and Easter. All are welcome. The planning meeting for this will be on Sunday 26 March **at 7:00pm** (after Explore).

Explore - Takes place next Sunday **at 6pm** in St John's. The format will be Taize music around the labyrinth.

Youth Club Games Night - St Catherine's hall on Friday evenings from 7-8:30pm. It is open to children in school years 5 & 6. For details see the website or email Sarah on burton-sarah@hotmail.co.uk

Service Times Change Please note the new times: only one 8am Holy Eucharist each Sunday alternating between St John's (1st and 3rd Sundays) and St Catherine's (2nd and 4th Sundays). St John's Sung Eucharist now starts **at 9:00 am**.

Good Friday Walk with the Cross - Churches Together in Canton will be undertaking a simple walk with a cross to remember the final walk of Jesus to the cross on Good Friday. It starts outside the 7th Day Adventist Church and ends with St Luke's and will visit the buildings of Canton Churches Together along the way. Please join us if you can. It starts at 12 noon.

Holy Week - Schedule of Services will be available from next week.

Canton Churches Lent Courses - Churches Together in Canton will be meeting on Monday evenings at 7pm to offer a lent course with a focus on healing and diversity. Next dates are: 20 March - Canton Uniting; 27 March - St John's; 3 April Wesley Methodist. See poster in Church or website for details.

Upping our Game - Bishop David's Lent course 'Upping our Game' is in St Isan's Church, Llanishen, Wednesdays 7:30pm.

Conway 50+ welcomes Rev Roy Jenkins to speak on 'Faith on the Frontline' Wed 12 April at 10:30am Conway Rd Church

PCC and Team Meetings - The next PCC meeting is in St John's at 6:30pm today after Evening Prayer.

Paradise Run - The next run is on Sat March 23. Please bring your food as usual to Sylvia (114 Pencisely rd) or to Diana (23 Greenfield Avenue) between 6-7 on the day. If you'd like to know more contact Diana (07754179373). Many thanks.

Easter Flowers: Donations towards costs, perhaps in memory of departed loved ones, would be much appreciated. Please hand your gift to Jean (St Catherine's), Cynthia (St John's) or Brenda (St Luke's). Thank you.

Youth Bible Study and Food - Sundays at 6pm in St John's vestry. Contact burton-sarah@hotmail.com.uk.

St Catherine's Notes:

Hall Bookings - To book the Hall contact the clergy or email Bev on hall.stcatherines@gmail.com.

Midweek Services: Holy Eucharist on Wednesday at 11:00am

St John's Notes:

Ty Bronna - This month's collection for the Ty Bronna centre is for sweets and chocolate (more details on our website).

Lent lunches at St Johns every Friday during Lent at 12 noon. Proceeds go to Christian Aid.

Midweek Services: Holy Eucharist on Thursday at 10:30 am

St Luke's Notes:

Mothering Sunday Afternoon Tea: Do you want to share the special day with special people? St Luke's will be hosting an Afternoon Tea on Sunday 26 March 4pm. Everybody is welcome, especially those who have nobody to share this day with. Tickets £7 to include sandwiches, savouries, cakes and trifle, glass of something bubbly. See Margaret for tickets

Midweek Services: Masses: 10am on Tuesday; 6pm on Friday; and 10:30am Saturday

Recently Departed: Deborah Carol Hopkins, Delene Thomas

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 19 Christ Church Roath Park, Trystan Hughes (PinC), Jordan Hillebert (CNSM); Mbale (Kenya); **Lent 3**

Mon 20 Gabalfa, Bob Capper (V) James Griffiths (C); Mbamili - (Nigeria); **St Joseph, husband of BVM**

Tues 21 Conventional District of Tremorfa, Bob Capper (V); Mbeere (Kenya); **Cranmer, Latimer, Ridley, Ferrar (Martyrs)**

Wed 22 The Retired Clergy Societ, Ven. Bill Thomas (Chaplain); Mbhashe - (Southern Africa);

Thur 23 Lisvane Chris Burr (V); Medak - (South India)

Fri 24 Llanishen, Michael Witcombe (V); Melbourne; **Oscar Romero, Bishop and Martyr**

Sat 25 Roath, Stewart Lisk (V) Dr Rhys Jenkins (CNSM); Meru - (Kenya); **The Annunciation of the Lord**

Sun 26 Roath St Martin, Irving Hamer (V); Mexico City (Mexico); **Lent 4**

Team Rector: **Canon Mark Preece;** 029 2056 2022 rector@beneficeofcanton.org.uk (Day off - Monday)

Team Vicar: **Fr Phelim O'Hare;** 029 2021 0732 vicar@beneficeofcanton.org.uk (Day off - Thursday)

23 March 2014 – Third Sunday of Lent

Collect of the Day

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading

A reading from the book of Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, ‘Give us water to drink.’ Moses said to them, ‘Why do you quarrel with me? Why do you test the LORD?’ But the people thirsted there for water; and the people complained against Moses and said, ‘Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?’ So Moses cried out to the LORD, ‘What shall I do with this people? They are almost ready to stone me.’ The LORD said to Moses, ‘Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.’ Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, ‘Is the LORD among us or not?’

Exodus 17.1-7

This is the word of the Lord.

Thanks be to God.

Psalm 95

R O that today you would hearken to his voice!

Harden not your hearts.

Come, let us sing to the Lord;
let us shout for joy to the rock of our salvation.
Let us come before his presence with thanksgiving
and raise a loud shout to him with psalms.
For the Lord is a great God,
and a great king above all gods.

R

In his hand are the depths of the earth,
and the heights of the hills are his also.
The sea is his, for he made it,
and his hands have moulded the dry land.
Come, let us bow down and bend the knee,
and kneel before the Lord our Maker.

R

For he is our God,
and we are the people of his pasture
and the sheep of his hand.

O that today you would hearken to his voice! **R**

‘Harden not your hearts
as your forebears did in the wilderness,
at Meribah, and on that day at Massah,
when they tempted me.
They put me to the test,
though they had seen my works.

R

‘Forty years long I detested that generation and said,
“This people are wayward in their hearts;
they do not know my ways.”

So I swore in my wrath,

“They shall not enter into my rest.” ’

R

**R O that today you would hearken to his voice!
Harden not your hearts.**

Second Reading

A reading from the letter of Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Romans 5.1-11

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to John.

Glory to you, O Lord.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.' (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink," you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together.

For here the saying holds true, “One sows and another reaps.” I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’

Many Samaritans from that city believed in Jesus because of the woman’s testimony, ‘He told me everything I have ever done.’ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’

John 4.5-42

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion Prayer

Merciful Lord,

grant your people grace to withstand the temptations
of the world, the flesh and the devil,

and with pure hearts and minds to follow you, the only God;
through Jesus Christ our Lord.