

# NEWSLETTER

St Catherine's | St John's | St Luke's

## Today's Hymns

St Catherine's St John's St Luke's

See Hymn Boards or  
Separate Pages

## Collect:

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## Psalm Response:

My God, my God, why have you forsaken me?

## Gospel Acclamation:

St John's:

Praise to you Lord Jesus Christ,  
King of endless glory, praise to  
you Lord Jesus Christ.

St Luke's:

Silent Surrendered Calm and Still  
(see hymn 941)

*If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.*



## Lent 6 - Palm Sunday

St Catherine's - 8:00 Holy Eucharist; 10:30 Choral Eucharist;

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist;

St Luke's - 10:30 Sung Mass; 6:00 pm Choral Evensong

*For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.*

## Today's Readings

Isaiah 50:4-9; Psalm 31:9-18; Philippians 2:5-11; Luke 23:1-49 or Luke 22:14-23:56

10 Have mercy upon me O Lord, for / I am • in / trouble; and mine eye is wasted for very heaviness, \* yea my / soul / and my / body. 11 For my life is waxen old with sorrow, \* and my / years with / mourning; my strength faileth me because of mine affliction, \* and my / bones / are con-/sumed.

12 I am become a scorn among / all mine / enemies; and a / by-word • a-/mong my / neighbours.

13 They of mine acquaintance / are a-/fraid of me; they shrink from me that / see me / in the / street.

14 I am clean forgotten, as a dead man / out of / mind; I am be-/come • like a / broken / vessel.

15 For I have heard how the people whisper, \* and fear is on / every / side; while they conspire together against me, \* and take their counsel to / take a-/way my / life.

16 But my hope hath been in / thee O / Lord; I have said / 'Thou / art my / God.

17 My days are / in thy / hand; deliver me from the hand of mine enemies and from / them that / perse-/cute / me.

† 18 Shew thy servant the / light of • thy / countenance; and save me / for thy / mercy's / sake.

Next week's readings: Acts 10:34-43; Psalm 118:1,2,14-24; 1 Cor 15:19-26; Luke 24:1-12

## Benefice Notes:

**Choral Evensong** in St Catherine's this evening beginning at 6:00 pm. This will begin our Holy Week devotions as we focus deeply on the suffering and death of Jesus during the last week of his life.

**Holy Week** begins this week. Our theme for the week will look at how the signs, prayers and the structure of the Eucharist which we celebrate each week of the year

point to the great teachings and festivals of Holy Week how they can help us reflect on our own journey to the cross and the empty tomb. Please take a pink leaflet at the back of the church outlining the different services, times and venues. The highlights of holy week are the three days leading up to Easter (known as the Triduum: Maundy Thursday, Good Friday, Holy Saturday). The first Eucharist of Easter is on Saturday night with the Easter Vigil, Holy Fire, Exultet and Paschal Candle.

**Low Sunday Benefice Together** - On Sun 3 April there'll be a benefice together service in St Catherine's at 10:30 a.m.

**Benefice Magazine** - Copies of the Spring Edition of the Benefice Magazine are now available at the back of our churches.

**Llandaff Diocesan Clergy School** - Advance notice that the clergy of the diocese will be in Oxford from 11-14 April. There will be no week day services in the benefice on those days.

**Mothers' Union** - Canton Benefice Mothers' Union are holding a coffee morning in St Catherine's Church Hall on Saturday 9 April 10am - 12noon to raise funds for the holiday caravan in Porthcawl. Admission £1 various stalls.

**Confirmation Programme 2016** - There will be a information and registering meeting in St John's on Sunday 24 April at 3:15. If you would like to be confirmed this year please contact the clergy for details.

**Youth Club** - The Youth Club has stopped now for the Easter break. It resumes on Friday 15 April from 7-9pm. We are still in need of leaders and helpers to help make our club sustainable and safe for the future. Please contact Fr Phelim.

**Newsletter Email** - If you'd like an email copy of the newsletter and readings please ask Sheila on [mgsmkelly1@gmail.com](mailto:mgsmkelly1@gmail.com)

**Newsletter items** - any items for inclusion in the newsletter please send to Lindsay Jones [lindsaycoolhouse@hotmail.com](mailto:lindsaycoolhouse@hotmail.com). Space is always limited so keeping it brief avoids us editing your message.

## St Catherine's Notes:

---

**Bookings** - To book the Hall contact the clergy or email [hall.stcatherines@gmail.com](mailto:hall.stcatherines@gmail.com).

**Brownies and Guides** - New leaders needed. For details contact Clare: 07787 225766 or [clare@teulubevan.plus.com](mailto:clare@teulubevan.plus.com)

**Choir Members Needed** - 'We are in need of some new members to join the choir - adults and children. If you like singing then come and join us - no musical knowledge needed just an in-tune voice; help/training will be given. Our church has a long history of choral singing and we would like to maintain this for the future. Contact Colin, the choir master.

**Midweek Services:** Sung Eucharist at 7:30 pm on Wednesday (no morning Eucharist); All Age Worship for Good Friday at 10:00 am.

## St John's Notes:

---

**Church Booking** - To book the church please contact the clergy. For concerts contact Gill Winton (see website).

**Midweek Services:** Sung Eucharist at 7:30 pm on Monday 21 March; Holy Eucharist at 10:30 am on Thursday; Good Friday meditations at 12 noon.

## St Luke's Notes:

---

**Hall Bookings** - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 [haydnpage@hotmail.co.uk](mailto:haydnpage@hotmail.co.uk)

**Midweek Services:** Sung Mass with additional choral music at 7:30pm on Tuesday; Sung Mass of the Lord's Supper at 7:30 pm on Thursday followed by the watch of the passion; Good Friday liturgy at 6:30 pm; Easter Vigil at 7:00pm on Saturday.

**Recently Departed:** Betty Dobson, David Earnest Jones, Irish Hobbs,

## This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

**Sun 20** St Andrews Major & Michaelston-Le-Pit, Andrew James (PinC); Jerusalem and the Middle East; **Palm Sunday**

**Mon 21** Sully & Wenvoe & St Lythan Jon Ormrod (PinC), Andrew James (AP); Bondo (Kenya); **Thomas Cranmer**

**Tues 22** Archdeaconry of Margam; Bor (Sudan)

**Weds 23** Department for Youth, Dr Sarah Rogers; Botswana (Central Africa)

**Thurs 24** Bridgend Deanery, Michael Komor (AD); Brandon (Canada); **Oscar Romero; Maundy Thursday**

**Fri 25** Coity, Nolton & Brackla w Coychurch, Michael Komor (R), Jayne Shaw (C), Pauline Smith (C); Brasilia; **Good Friday**

**Sat 26** Ewenny & St Brides Major; Brechin - (Scotland); **Holy Saturday**

**Sun 27** Laleston & Merthyr Mawr w Penyfai, Mike Lewis (C, NSM); **Easter Sunday**

## 20 March 2016 – Palm Sunday

### Collect of the Day

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### First Reading

A reading from the book of the prophet Isaiah.

The servant of the LORD said:

The Lord GOD has given me the tongue of a teacher,  
that I may know how to sustain the weary with a word.

Morning by morning he wakens – wakens my ear to listen as those who are taught.

The Lord GOD has opened my ear, and I was not rebellious,  
I did not turn backwards.

I gave my back to those who struck me,  
and my cheeks to those who pulled out the beard;

I did not hide my face from insult and spitting.

The Lord GOD helps me;

therefore I have not been disgraced;

therefore I have set my face like flint,

and I know that I shall not be put to shame;

he who vindicates me is near.

Who will contend with me? Let us stand up together.

Who are my adversaries? Let them confront me.

It is the Lord GOD who helps me; who will declare me guilty?

*Isaiah 50.4-9a*

This is the word of the Lord.

**Thanks be to God.**

### *Psalm 31.9-16*

**R My God, my God, why have you forsaken me?**

Have mercy on me, O Lord, for I am in trouble;

my eye is consumed with sorrow,

and also my throat and my belly.

For my life is wasted with grief,

and my years with sighing;

my strength fails me because of my affliction,

and my bones are consumed. **R**

I have become a reproach to all my enemies  
and even to my neighbours,  
a dismay to those of my acquaintance;  
when they see me in the street they avoid me.   **R**

I am forgotten like the dead, out of mind;  
I am as useless as a broken pot.  
For I have heard the whispering of the crowd;  
fear is all around;  
they put their heads together against me,  
they plot to take away my life.   **R**

But as for me, I have trusted in you, O Lord.  
I have said, 'You are my God.  
My times are in your hand;  
rescue me from the hand of my enemies,  
and from those who persecute me.  
Make your face to shine upon your servant,  
and in your loving-kindness save me.'   **R**

**R    My God, my God, why have you forsaken me?**

## **Second Reading**

A reading from the letter of Paul to the Philippians.

Let the same mind be in you that was in Christ Jesus,  
who, though he was in the form of God,  
did not regard equality with God  
as something to be exploited,  
but emptied himself,  
taking the form of a slave,  
being born in human likeness.  
And being found in human form,  
he humbled himself  
and became obedient to the point of death –  
even death on a cross.

Therefore God also highly exalted him  
and gave him the name that is above every name,  
so that at the name of Jesus every knee should bend,  
in heaven and on earth and under the earth,  
and every tongue should confess that Jesus Christ is Lord,  
to the glory of God the Father.

This is the word of the Lord.

**Thanks be to God.**

*Philippians 2.5-11*

## The Liturgy of the Palms

**Hosanna to the Son of David, the King of Israel.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Dear friends in Christ for five weeks of Lent we have been preparing, by works of charity and self sacrifice, for the celebration of our Lord's paschal mystery. Today we come together to begin this solemn celebration in union with the whole Church throughout the world. Christ entered in triumph into his own city, to complete his work as our Messiah: to suffer, to die, and to rise again. Let us remember with devotion this entry which began his saving work and follow him with a lively faith. United with him in his suffering on the cross, may we share his resurrection and new life.

*Let us pray.*

Almighty God, bless these branches and make them holy. Today we joyfully acclaim Jesus our Messiah and King. May we reach one day the happiness of the new and everlasting Jerusalem by faithfully following him who lives and reigns for ever and ever. **Amen**

*Or*

*Let us pray.*

Lord, increase the faith of your people and listen to our prayers. Today we honour Christ our triumphant King by carrying these branches. May we honour you every day by living always in him, for he is Lord for ever and ever. **Amen.**

*The Palms are blessed and the Gospel of the Palms is read*

### **Jesus' Triumphal Entry into Jerusalem: Luke 19:28-40**

After he had said this, he went on ahead, going up to Jerusalem. When he had come near Bethphage and Bethany, at the place called the Mount of Olives, he sent two of the disciples, saying, 'Go into the village ahead of you, and as you enter it you will find tied there a colt that has never been ridden. Untie it and bring it here. If anyone asks you, "Why are you untying it?" just say this: "The Lord needs it."'

So those who were sent departed and found it as he had told them. As they were untying the colt, its owners asked them, 'Why are you untying the colt?' They said, 'The Lord needs it.' Then they brought it to Jesus; and after throwing their cloaks on the colt, they set Jesus on it. As he rode along, people kept spreading their cloaks on the road. As he was now approaching the path down from the Mount of Olives, the whole multitude of the disciples began to praise God joyfully with a loud voice for all the deeds of power that they had seen, saying,

'Blessed is the king who comes in the name of the Lord!  
Peace in heaven, and glory in the highest heaven!'

Some of the Pharisees in the crowd said to him, 'Teacher, order your disciples to stop.' He answered, 'I tell you, if these were silent, the stones would shout out.'

*After this the procession into Church begins.*