

NEWSLETTER

St Catherine's | St John's | St Luke's

Today's Hymns

St Catherine's	St John's	St Luke's
590	314	70
819	144	144
525	684	683
314		

Collect:

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever..

Psalm Response:

O Lord, you are my portion and cup.

Gospel Acclamation:

St John's: Alleluia ...

Speak Lord your servant is listening; you have the words of everlasting life ... Alleluia

St Luke's: Alleluia, alleluia, give thanks to the risen Lord; Alleluia, alleluia, give praise to his name!

If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.



"If we live by the Spirit let us also walk by the Spirit". - This is how St Paul ends today's second reading to the Galatians. After the result of the recent referendum perhaps we as Christians should heed and take comfort from all that Paul says in Galatians - that when we are in crisis we should seek guidance and comfort from the Lord. Today we pray that the peoples of Europe may be guided by the Holy Spirit. We pray too that the gifts of this same Spirit may enliven the hearts and minds of our leaders as they dialogue, negotiate and make decisions for the well being of all people in the coming months and years.

Trinity 5

St Catherine's - 8:00 Holy Eucharist; 10:30 Choral Eucharist;

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist; 12:30 Baptism;
4:00 pm Explore: Labyrinth Service

St Luke's - 10:30 Sung Mass;

For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.

Today's Readings

1 Kings 19:15-21; Psalm 16: Galatians 5:13-25; Luke 9:51-62

Psalm 22:

- 1 Preserve / me O / God: for in / thee • have I / put my / trust.
- 2 I have said unto the Lord / 'Thou • art my / God: I have no / good a-/part from / thee.'
- 3 All my delight is upon the godly that are / in the / land: and upon / such • as ex-/cel in / virtue.
- 4 But as for them that turn back to / other / gods: their / sorrows / shall be / multiplied.
- 5 Their drink-offerings of blood will /I not / offer: neither make mention of their / names up- /on my / lips.
- 6 The Lord himself is the portion of mine inheritance / and my / cup: thou / dost main-/tain my / lot.
- 7 The lines have fallen for me in / pleasant / places: yea I / have a / goodly / heritage.
- 8 I will thank the Lord for / giving • me / counsel: my heart also / teacheth • me / in the / night-season.
- 9 I have set God / always • be-/fore me: he is on my right hand, / therefore • I / shall not / fall.
- 10 Wherefore my heart is glad and my / soul re-/joiceth: my flesh / also • shall / rest in / safety.
- 11 For thou shalt not deliver me into the / power of / death: neither shalt thou suffer thy / holy one • to / see the / pit.
- 12 Thou shalt shew me the path of life; * in thy presence is the / fulness • of / joy: and in thy right hand there are / pleasures • for / ever-/ more.

Next week's readings: Habakkuk 2:1-4; Psalm 31:1-5; Ephesians 2:19-22; John 20:24-31

Benefice Notes:

Explore: Labyrinth Service with Taize Music - Next Sunday at 4pm in St John's. All

welcome to explore this way of praying.

Messy Church BBQ - The next Messy Church is in St Catherine's and will include a BBQ on 10 July at 4pm. The planning meeting for this will be after Explore this evening at 5:15pm in St John's.

Benefice Directory - We have started the process of updating our Benefice Directory. Your churchwardens will give out the forms. We'd appreciate greatly if you could return them by 31 July. If you do not wish to be in the Directory please let us know on the form. A form will also be available online at our website.

Confirmation Programme - Next meets today at 4:00pm in St John's for the labyrinth service. The meeting after that (the last meeting before the summer break) is on 9 July at 11:30 at the Vicarage.

Newsletter items - any items for inclusion in the newsletter please send to Linsay Jones linsaycoolhouse@hotmail.com. Space is limited. If you'd like an email copy of the newsletter and readings please ask Sheila on mgsmkelly1@gmail.com

Home Group - bible study group, looking at the Sunday gospel readings, meets every Thurs in St John's 7-9pm. For more details contact Andrew Sims: 02920 344641 maxsimsim@hotmail.com

St Catherine's Notes:

Summer Fair - Thank you to all who helped and supported yesterday's fair. It was a great occasion and raised valuable funds to support our life and work as a faith community.

Bookings - To book the Hall contact the clergy or email hall.stcatherines@gmail.com.

Midweek Services: Holy Eucharist this Wednesday at 11:00 am

St John's Notes:

Eucharist Settings Consultation - the new musical setting has been chosen and it is to be the New World setting by David Haas and can be heard on our website. It is hoped to introduce this as soon as possible over the next few months.

St John's Summer Fair - Sat 2 July 10-2pm. Please take a page of the jobs and stalls we currently need help with.

Cake for the Fair - All types of cakes from around the world are needed, from cupcakes to cakes for slicing. We are also looking to borrow cake stands for returning at the end of the day. For more details andrew.hindley@btoopenworld.com.

Ty Bronna - this month's collection for Ty Bronna is biscuits.

Church Booking - To book the church please contact the clergy. For concerts contact Gill Winton (see website).

Midweek Services: Holy Eucharist on Thursdays at 10:30

St Luke's Notes:

Hall Bookings - To book the Hall please contact Jackie Page on 029 2091 3808.

Midweek Services: Masses at 10:00 am on Tuesdays and Wednesdays; 6:30 pm on Fridays; and 10:30 am on Saturdays.

Recently Departed: Evelyn Crowley, Yvonne Oliver

This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

Sun 26	Gabalfa, Bob Capper (V), James Griffiths (C); Church of Pakistan; Trinity 5
Mon 27	Tremorfa, Bob Capper (V); Western Kowloon;
Tues 28	Lisvane, Chris Burr (V); Ikale-Llaje (Nigeria); St Irenaeus ;
Wed 29	Lay Eucharistic Ministers throughout the diocese; Doko (Nigeria); St Peter
Thur 30	Llanishen, Michael Witcombe (V); Dominican Republic; Martyrdom of St Paul ;
Fri 1	RB Aberavon, Nigel Cahill (TR), Ben Rabjohns (TV), Rhun Ap Robert (C); Uppsala; St Euddogwy
Sat 1	Barry, Archbishop of Wales and Bishop of Llandaff; Llandaff diocese;

26 June 2016 – Fifth Sunday after Trinity (Proper 8)**Collect of the Day**

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading

A reading from the first book of Kings.

The LORD said to Elijah, ‘Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place.’

So he set out from there, and found Elisha son of Shaphat, who was ploughing. There were twelve yoke of oxen ahead of him, and he was with the twelfth. Elijah passed by him and threw his mantle over him. He left the oxen, ran after Elijah, and said, ‘Let me kiss my father and my mother, and then I will follow you.’ Then Elijah said to him, ‘Go back again; for what have I done to you?’ He returned from following him, took the yoke of oxen, and slaughtered them; using the equipment from the oxen, he boiled their flesh, and gave it to the people, and they ate. Then he set out and followed Elijah, and became his servant.

1 Kings 19.15-16,19-21

This is the word of the Lord.

Thanks be to God.

Psalm 16

R O Lord, you are my portion and my cup.

Protect me, O God, for I take refuge in you;

I have said to the Lord, ‘You are my Lord,
my good above all other.’

All my delight is upon the godly that are in the land,
upon those who are noble among the people. **R**

But those who run after other gods
shall have their troubles multiplied.

Their libations of blood I will not offer,
nor take the names of their gods upon my lips. **R**

O Lord, you are my portion and my cup;
it is you who uphold my lot.

My boundaries enclose a pleasant land;
indeed, I have a goodly heritage.
I will bless the Lord who gives me counsel;
my heart teaches me, night after night. **R**

I have set the Lord always before me;
because he is at my right hand I shall not fall.
My heart, therefore, is glad and my spirit rejoices;
my body also shall rest in hope. **R**

For you will not abandon me to the grave,
nor let your holy one see the Pit.
You will show me the path of life;
in your presence there is fullness of joy,
and in your right hand are pleasures for evermore. **R**
R O Lord, you are my portion and my cup.

Second Reading

A reading from the letter of Paul to the Galatians.

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.

For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, 'You shall love your neighbour as yourself.' If, however, you bite and devour one another, take care that you are not consumed by one another.

Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.

By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

Galatians 5.1,13-25

This is the word of the Lord.

Thanks be to God.

Gospel

Hear the holy Gospel of our Lord Jesus Christ according to Luke.

Glory to you, O Lord.

When the days drew near for him to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set towards Jerusalem. When his disciples James and John saw it, they said, 'Lord, do you want us to command fire to come down from heaven and consume them?' But he turned and rebuked them. Then they went on to another village.

As they were going along the road, someone said to him, 'I will follow you wherever you go.' And Jesus said to him, 'Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head.' To another Jesus said, 'Follow me.' But he said, 'Lord, first let me go and bury my father.' But Jesus said to him, 'Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God.' Another said, 'I will follow you, Lord; but let me first say farewell to those at my home.' Jesus said to him, 'No one who puts a hand to the plough and looks back is fit for the kingdom of God.'

Luke 9.51-62

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion Prayer

Eternal God,
comfort of the afflicted and healer of the broken,
you have fed us at the table of life and hope:
teach us the ways of gentleness and peace,
that all the world may acknowledge
the kingdom of your Son, Jesus Christ our Lord.