

# NEWSLETTER

St Catherine's | St John's | St Luke's

## Today's Hymns

St Catherine's	St John's	St Luke's
551	551	503
541	625	625
88	409	738
572		

## Collect:

God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## Psalm Response:

Lord, my delight is in your law.

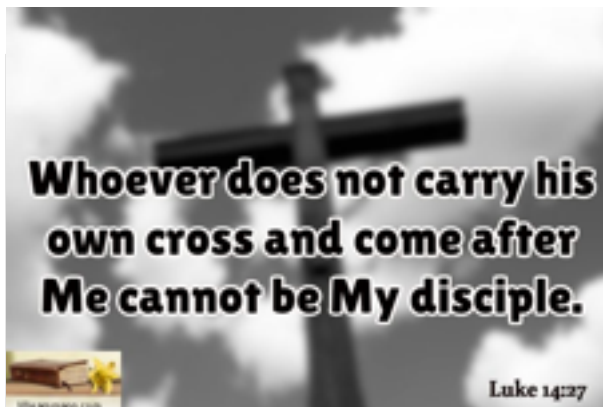
## Gospel Acclamation:

St John's: Alleluia ...

Speak Lord your servant is listening; you have the words of everlasting life ... Alleluia

St Luke's: **Glory to the Father, glory to the Son, glory to the Spirit, God the Three-in-One!**

*If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest opportunity.*



Carrying one's own cross is part of being a disciple of Jesus. We all know this and are familiar with this teaching. But how does one identify what is our particular cross? Indeed, one's cross may change over time and so even harder to identify. What is clear is that discipleship requires commitment and a willingness to endure hard things, occasions, circumstances in one's loving and generous response to the activity of God in our lives and community.

## Trinity 15

St Catherine's - 8:00 Holy Eucharist; 10:30 Sung Eucharist;

St John's - 8:00 Holy Eucharist; 9:15 Sung Eucharist;

St Luke's - 10:30 Sung Mass; **Benediction 6:00 pm**

*For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.*

## Today's Readings

Deuteronomy 30:15-20; Psalm 1; Philemon 1-21; Luke 14: 25-33

### Psalm 1

1 Blessed is the man that hath not walked in the counsel of the ungodly, \* nor followed the / way of / sinners: and hath not / sat • in the / seat of • the / scornful; 2 But his delight is in the / law • of the / Lord: and on his law doth he / ponder / day and / night. 3 He shall be like a tree planted / by the / water-side: that will bring forth its / fruit in / due / season. 4 Its leaf also / shall not / wither: and look, \* whatsoever he / doeth, / it shall / prosper. 5 As for the ungodly it is not / so with / them: but they are like the chaff, \* which the wind scattereth a-/way • from the / face • of the / earth. 6 Therefore the ungodly shall not be able to stand / when • they are / judged: nor sinners in the as-/sembly / of the / righteous. †7 For the Lord preserveth the / way • of the / righteous: but the / way of • the un-/godly • shall / perish.

**Next week's readings:** Exodus 32:7-14; Psalm 51:1-10; 1 Tim 1:12-17; Luke 15: 1-10

## Benefice Notes:

**Churches Together - Joint Worship Service** hosted by Canton Salvation Army next Sun 11 September at 5pm. All are welcome to celebrate our common faith.

**Messy Church:** The next MC is on Sun 18 September at 4pm in St John's. Planning meet is today at 5pm in St Johns.

**Faith Pictures starts this week.** Please let Fr Phelim know if you are planning to attend. It is a short course designed to help us talk naturally about our faith and what we believe. It starts on 7 September at 7:30 pm in the vicarage (for 6 Wednesdays). See website for details or ask Fr Phelim.

**Back to Church Sunday 18 September** - each year we encourage each other and perhaps friends and families to accompany us as we go to church. Who might you want to invite this year? Invite cards are now available at the back. Messy Church is on that day and it might be a good entry point to someone unused to church.

**Confirmation Programme** - The programme will resume on Sat 17 September at 11:30 am in the vicarage.

**Newsletter items** - any items for inclusion in the newsletter please send to Linsay Jones [linsaycoolhouse@hotmail.com](mailto:linsaycoolhouse@hotmail.com). Space is limited. If you'd like an email copy of the newsletter and readings please ask Sheila on [mgsmkelly1@gmail.com](mailto:mgsmkelly1@gmail.com)

**PCC and Action Teams** Forthcoming meetings: PCC - Sun 18 Sept at 6:30pm (St Johns); Finance - Tues 13 Sept at 7:30 pm (Rectory); Youth Team - Fri 23 Sept at 6:00pm (St Catherine's Hall); Pastoral Care - Tues 20 Sept at 7:30 pm (St John's).

**Mothers' Union** - Eucharist with Fr Phelim in St John's tomorrow at 2pm.

**Paradise Run** - The next Paradise Run is on Saturday, 10 September. Please take your food to Diana (23, Greenfield Avenue) on the day between 6-7. Ask Diana if you'd like to know more. Thank you so much for your help.

## St Catherine's Notes:

**Betty Littlewood RIP** - Betty's remains will be received into the church this Wednesday at 5pm. All are welcome. The funeral will take place at St Catherine's at 3pm on Thursday 8 September with the crematorium service starting at 4.15pm. Refreshments after at the Ffynon Wen pub. Betty's wishes are that there should be no black ties or sombre clothes

**Sunday Club** - Resumes next Sunday. There is a meeting about Sunday Club and family worship on Monday 12 Sept at 7pm. Contact Jane Holland for details at [jhollandcardiff@hotmail.com](mailto:jhollandcardiff@hotmail.com)

**Gluten free wafers** are available at Communion. Inform the clergy before the service if you wish to avail of this facility.

**No Wednesday 11 am Eucharist this week** - Members are encouraged to attend the Over 50's Club, in the basement hall of Conway Road Methodist Church, to hear Archbishop Barry address the group. 10.30 for 11.00

**Hall Bookings** - To book the Hall contact the clergy or email Bev on [hall.stcatherines@gmail.com](mailto:hall.stcatherines@gmail.com).

## St John's Notes:

**Ty Bronna** - this month's collection is washing up liquid.

**Coffee Morning** - The next one will be 17 September in St John's at the usual time.

**Harvest Supper 1 October 2016** - There is an open meeting after today's 9:15 service to discuss details. Help is needed with all aspects of the evening. No monthly lunch this month.

**Church Booking** - To book the church please contact the clergy. For concerts contact Gill Winton (see website).

**Midweek Services:** Holy Eucharist this Thursday at 10:30 am

## St Luke's Notes:

**Hall Bookings** - To book the Hall please contact Jackie Page on 029 2091 3808.

**Midweek Services:** Masses at 10:00 am on Tuesdays and Wednesdays; 6:00 pm on Fridays; and 10:30 am on Saturdays.

**Recently Departed:** Keith Simmons, Terence Chambers, Betty Littlewood

## This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

<b>Sun 4</b>	Colwinston, Llandow and Llysworney, Alan Kettle (PinC); Tanzania; <b>St Cuthbert; Trinity 15</b>
<b>Mon 5</b>	RB Cowbridge, Stephen Adams (TR), Edward Dowland-Owen (TV), ; Gitega (Burundi);
<b>Tues 6</b>	RB of Llantwit Major, Anthony Beer (TV); Glasgow and Galloway;
<b>Wed 7</b>	Director of Ministry, Discipleship and CMD, Richard Lowndes; Gloucester;
<b>Thur 8</b>	Pendoylan w Welsh St Donat's, Martyn Davies (PinC), Edwin Counsell (AP); <b>Nativity of the BVM;</b>
<b>Fri 9</b>	Pontyclun & Talygarn w Llanharry, Sue Rees (PinC); Gombe (Nigeria);
<b>Sat 10</b>	Archdeacons of Morgannwg, Christopher Smith (ADN); Grahamstown (South Africa);
<b>Sun 11</b>	Colwinston, Llandow & Llysworney, Alan Kettle (PinC); Anglican Church of Tanzania; <b>Churches Together at 5pm.</b>

Team Rector: Canon Mark Preece; 029 2056 2022 [rector@beneficeofcanton.org.uk](mailto:rector@beneficeofcanton.org.uk) (Day off - Monday)

Team Vicar: Fr Phelim O'Hare; 029 2021 0732 [vicar@beneficeofcanton.org.uk](mailto:vicar@beneficeofcanton.org.uk) (Day off - Thursday)

**Collect of the Day**

God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**First Reading**

A reading from the book of Deuteronomy.

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the LORD your God that I am commanding you today, by loving the LORD your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the LORD your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the LORD your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the LORD swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

*Deuteronomy 30.15-20*

This is the word of the Lord.

**Thanks be to God.**

*Psalm 1*

**R Lord, my delight is in your law.**

Happy are they who have not walked  
in the counsel of the wicked,  
nor lingered in the way of sinners,  
nor sat in the seats of the scornful!  
Their delight is in the law of the Lord,  
and they meditate on his law day and night.

**R**

They are like trees planted by streams of water,  
bearing fruit in due season,  
with leaves that do not wither;  
everything they do shall prosper.

It is not so with the wicked:  
they are like chaff which the wind blows away.

**R**

Therefore the wicked shall not stand upright  
when judgement comes,  
nor the sinner in the council of the righteous.

For the Lord knows the way of the righteous,  
but the way of the wicked is doomed.

**R**

**R Lord, my delight is in your law.**

## **Second Reading**

A reading from the letter of Paul to Philemon.

Paul, a prisoner of Christ Jesus, and Timothy our brother, to Philemon our dear friend and co-worker, to Apphia our sister, to Archippus our fellow-soldier, and to the church in your house: Grace to you and peace from God our Father and the Lord Jesus Christ. When I remember you in my prayers, I always thank my God because I hear of your love for all the saints and your faith towards the Lord Jesus. I pray that the sharing of your faith may become effective when you perceive all the good that we may do for Christ. I have indeed received much joy and encouragement from your love, because the hearts of the saints have been refreshed through you, my brother.

For this reason, though I am bold enough in Christ to command you to do your duty, yet I would rather appeal to you on the basis of love – and I, Paul, do this as an old man, and now also as a prisoner of Christ Jesus. I am appealing to you for my child, Onesimus, whose father I have become during my imprisonment. Formerly he was useless to you, but now he is indeed useful both to you and to me. I am sending him, that is, my own heart, back to you. I wanted to keep him with me, so that he might be of service to me in your place during my imprisonment for the gospel; but I preferred to do nothing without your consent, in order that your good deed might be voluntary and not something forced. Perhaps this is the reason he was separated from you for a while, so that you might have him back for ever, no longer as a slave but more than a slave, a beloved brother – especially to me but how much more to you, both in the flesh and in the Lord.

So if you consider me your partner, welcome him as you would welcome me. If he has wronged you in any way, or owes you anything, charge that to my account. I, Paul, am writing this with my own hand: I will repay it. I say nothing about your owing me even your own self. Yes, brother, let me have this benefit from you in the Lord! Refresh my heart in Christ. Confident of your obedience, I am writing to you, knowing that you will do even more than I say.

*Philemon 1-21*

This is the word of the Lord.

**Thanks be to God.**

## **Gospel**

Hear the holy Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, O Lord.**

Large crowds were travelling with Jesus; and he turned and said to them, ‘Whoever comes to me and does not hate father and mother, wife and children, brothers and sisters, yes, and even life itself, cannot be my disciple. Whoever does not carry the cross and follow me cannot be my

disciple. For which of you, intending to build a tower, does not first sit down and estimate the cost, to see whether he has enough to complete it? Otherwise, when he has laid a foundation and is not able to finish, all who see it will begin to ridicule him, saying, “This fellow began to build and was not able to finish.” Or what king, going out to wage war against another king, will not sit down first and consider whether he is able with ten thousand to oppose the one who comes against him with twenty thousand? If he cannot, then, while the other is still far away, he sends a delegation and asks for the terms of peace. So therefore, none of you can become my disciple if you do not give up all your possessions.’

*Luke 14.25-33*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

### **Post Communion Prayer**

Keep, O Lord, your Church, with your perpetual mercy;  
and, because without you our human frailty cannot but fall,  
keep us ever by your help from all things hurtful,  
and lead us to all things profitable to our salvation;  
through Jesus Christ our Lord.