

# NEWSLETTER

St Catherine's | St John's | St Luke's

## Today's Hymns

St Catherine's	St John's	St Luke's
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19	125	374
136	625	320
417	461	
532		

## Collect:

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## Psalm Response:

The Lord is my light and my salvation.

## Gospel Acclamation:

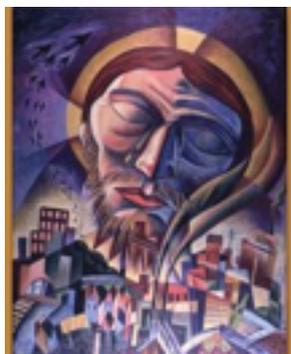
St John's:

**Praise to you Lord Jesus Christ, King of endless glory, praise to you Lord Jesus Christ.**

St Luke's:

**Silent Surrendered Calm and Still (see hymn 941)**

*If you know of a church member, or anyone, who is unwell or would appreciate contact from our priests, please inform the clergy at the earliest*



In today's gospel we hear of the concern of Jesus for the people of Jerusalem who are loved deeply by God. These are the ones who oppose him, threaten him and ultimately succeed in getting him executed. His concern and love is not diminished by his refusal to accept how they behave. His desire for them is contrasted with their disregard for him. As we journey deeper into Lent we can sometimes experience this contrast in our own lives: God loves us deeply yet we turn away from him and disregard his loving will for how we should live our lives. Good Friday is when this contrast is most stark and apparent and consequently why our remorse is most poignant and heartfelt.

## 2nd Sunday of Lent

**St Catherine's** - 8:00 Holy Eucharist; 10:30 Choral Eucharist;

**St John's** - 8:00 Holy Eucharist; 9:15 Sung Eucharist; **6:00 pm Evensong**

**St Luke's** - 10:30 Sung Mass;

*For Weekday Services and Regular Events see the Website or Church Notice boards for times and days.*

## Today's Readings

Genesis 15:1-12,17,18; Psalm 27; Phil 3:17-4:1; Luke 13:31-35

**Psalm: 27** 1 The Lord is my light and my salvation; \* whom then / shall I / fear? The Lord is the strength of my life; \* of whom then / shall I / be a-/fraid?

2 When the wicked, \* even mine enemies and my foes, \* came upon me to eat / up my / flesh; they / stumbled • and / fell • to the / ground.

3 Though an host of men were encamped against me, \* yet shall not my / heart • be a-/fraid; and though there rose up war against me, \* yet will I / put my / trust in / him.

4 One thing have I desired of the Lord / that I / long for; even that I may dwell in the house of the Lord / all the / days of • my / life.

†5 To behold the fair beauty / of the / Lord; and to / seek him / in his / temple.

6 For in the time of trouble he shall hide me / in his / shadow; yea in the secret place of his dwelling shall he hide me, \* and set me up on a / rock of / stone.

7 And now shall he lift / up mine / head; above mine / enemies / round a-/bout me.

†8 Therefore will I offer in his dwelling an oblation with / great / gladness; I will sing and speak / praises / unto • the / Lord.

9 Harken unto my voice O Lord when I / cry • unto / thee; have / mercy • up-/on me • and / hear me. 10 My heart hath / talked with / thee; 'Seek ye my face'; \* 'Thy / face Lord / will I / seek.

11 O hide not thou thy / face / from me; nor cast the servant a-/way / in dis-/pleasure.

12 Thou hast / been my / succour; leave me not neither forsake me, O / God of / my sal-/vation.

†13 Though my father and my / mother • for-/sake me; the / Lord / taketh • me / up.

14 Teach me thy / way O / Lord: and lead me in the right / way be-/cause of • mine / enemies.

15 Deliver me not over into the / will of • mine / adversaries; for there are false witnesses risen up against me, \* and / such as / breath out / cruelty.

16 I believe verily to see the goodness / of the / Lord; even in the / land / of the / living.

17 O wait for the Lord, \* be strong and let thine / heart take / courage; and put thou thy / trust / in the / Lord.'

**Next week's readings:** Isaiah 55:1-9; Psalm 63:1-8; 1 Cor 10:1-13; Luke 13:1-9

## Benefice Notes:

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**Sunday Schools / Club** - Only adults who have been through our safeguarding procedure and been cleared by the DBS and the Church in Wales are able to attend our Sunday Schools or club. For more details on this contact the clergy.

**Messy Church** - The next Messy Church is 13 March at 4:00pm in St John's. The theme will be 'Easter and Springtime'.

**Explore** - The next Explore will be on Sunday 28 Feb at 4pm in St John's. This time Archdeacon Peggy will be leading us in prayer, scriptural readings and movement for Lent. The Messy Church planning meeting follows at 5:15pm.

**Confirmation Programme 2016** - This year's confirmation programme of classes, discussion groups and worship services will be launched soon. If you would like to be confirmed this year please contact the clergy for details.

**Youth Club** - Starts again this week and year 6 pupils can now attend. The programme of activities and trips up until the May half term is now available to see on our website.

**Lenten Quiet Day** - please join us on Sat 5 March for a quiet day of prayer, talks, quiet worship for Lent. This will be based in St Luke's. If you are interested in attending something like this please contact the clergy. More details next week.

**Living Faith Study Group** - Tuesdays at 7:30 pm in St John's. For info: Andrew Sims [maxsims@hotmail.com](mailto:maxsims@hotmail.com) 029 2034 4641

**Lent Course** Thursdays 7-9pm. Theme: Life Balance- a 5 week course in rest, work & play. These rich, practical explorations of new Sabbath principles can help us re-order our time, refocus our priorities and refresh our spirits.

**Newsletter Email** - If you'd like an email copy of the newsletter and readings please ask Sheila on [mgsmkelly1@gmail.com](mailto:mgsmkelly1@gmail.com)

**Newsletter items** - any items for inclusion in the newsletter please send to Lindsay Jones [lindsaycoolhouse@hotmail.com](mailto:lindsaycoolhouse@hotmail.com). Space is always limited so keeping it brief avoids us editing your message.

## St Catherine's Notes:

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**Bookings** - To book the Hall contact the clergy or email [hall.stcatherines@gmail.com](mailto:hall.stcatherines@gmail.com).

**Midweek Services: Holy Eucharist at 11:00 am on Wednesday.**

## St John's Notes:

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**Church Booking** - To book the church please contact the clergy. For concerts contact Gill Winton.

**Lent Lunches** in St John's have now begun and will continue for the duration of the season of Lent.

**Coffee Morning** and Book Sale will be held on Saturday 27 February from 10.00am to 12 noon

**Midweek Services: Holy Eucharist at 10:30 am on Thursday.**

## St Luke's Notes:

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**Lent Lunch** at St Luke's on Sunday 28 February 12:15pm. Tickets £5-soup and bread, quiche and salad. All welcome.

**Easter Flowers** - All donations to help with the cost of our Easter Flowers would be most welcome. Please see Brenda.

**Hall Bookings** - To book the Hall please contact Jackie or Haydn Page on 029 2091 3808 [haydnpage@hotmail.co.uk](mailto:haydnpage@hotmail.co.uk)

**Midweek Services: Masses at 10:00 am on Wed; Fri at 6:30 pm; and 10:30 am on Saturday (No Tuesday Mass this week).**

Recently Departed: Mary Graham, Bobby Hammacott, Michaela Dymott

## This Week in the Benefice: (Diocesan Prayer / Anglican Prayer Cycle / Events and Services)

**Sun 21** Gabalfa, Bob Capper (V); Central America; **2nd Sunday of Lent; 6:00pm Evensong in St John's**

**Mon 22** Tremorfa, Bob Capper (V), Gill Dallow (C);

**Tues 23** Lisvane, Chris Burr (V); Awgu Aninri, Nigeria; **St Polykarp;**

**Wed 24** The Staff of the RB, John Shirley (provincial secretary); Awka, Nigeria;

**Thur 25** Llanishen, Michael Witcombe (V); Awori, Nigeria; **St Faith, St Isan;**

**Fri 26** Roath, Stuart Lisk (V); Rhys Jenkins (C); Badagry, Nigeria;

**Sat 27** Cardiff, St German w St Saviour, Dean Atkins (V); Ballarat, Australia; **George Herbert;**

**Sun 28** Roath St Martin, Irving Hamer (V); Province of the Congo; **Lent III**

Team Rector: Canon Mark Preece; 029 2056 2022 [rector@beneficeofcanton.org.uk](mailto:rector@beneficeofcanton.org.uk) (Day off - Monday)

Team Vicar: Fr Phelim O'Hare; 029 2021 0732 [vicar@beneficeofcanton.org.uk](mailto:vicar@beneficeofcanton.org.uk) (Day off - Thursday)

**21 February 2016 – Second Sunday of Lent****Collect of the Day**

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant to all those who are admitted into the fellowship of Christ's religion, that they may reject those things that are contrary to their profession, and follow all such things as are agreeable to the same; through our Lord Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

**First Reading**

A reading from the book of Genesis.

The word of the LORD came to Abram in a vision, 'Do not be afraid, Abram, I am your shield; your reward shall be very great.' But Abram said, 'O Lord GOD, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?' And Abram said, 'You have given me no offspring, and so a slave born in my house is to be my heir.' But the word of the LORD came to him, 'This man shall not be your heir; no one but your very own issue shall be your heir.' He brought him outside and said, 'Look towards heaven and count the stars, if you are able to count them.' Then he said to him, 'So shall your descendants be.' And he believed the LORD; and the LORD reckoned it to him as righteousness.

Then he said to him, 'I am the LORD who brought you from Ur of the Chaldeans, to give you this land to possess.' But he said, 'O Lord GOD, how am I to know that I shall possess it?' He said to him, 'Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtle-dove, and a young pigeon.' He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away.

As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him. When the sun had gone down and it was dark, a smoking fire-pot and a flaming torch passed between these pieces. On that day the LORD made a covenant with Abram, saying, 'To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates.'

*Genesis 15.1-12,17-18*

This is the word of the Lord.

**Thanks be to God.**

*Psalm 27.1-11*

**R The Lord is my light and my salvation.**

The Lord is my light and my salvation;  
whom then shall I fear?

The Lord is the strength of my life;  
of whom then shall I be afraid?

When evildoers came upon me to eat up my flesh,  
it was they, my foes and my adversaries who stumbled and fell. **R**

Though an army should encamp against me,  
yet my heart shall not be afraid;

and though war should rise up against me,  
yet will I put my trust in him.     **R**

One thing have I asked of the Lord;  
one thing I seek;  
that I may dwell in the house of the Lord  
all the days of my life;  
To behold the fair beauty of the Lord  
and to seek him in his temple.     **R**

For in the day of trouble  
he shall keep me safe in his shelter;  
he shall hide me in the secrecy of his dwelling  
and set me high upon a rock.     **R**

Even now he lifts up my head  
above my enemies round about me;  
Therefore I will offer in his dwelling an oblation  
with sounds of great gladness;  
I will sing and make music to the Lord.     **R**

Hearken to my voice, O Lord, when I call;  
have mercy on me and answer me.  
You speak in my heart and say, 'Seek my face.'  
Your face, Lord, will I seek.  
Hide not your face from me,  
nor turn away your servant in displeasure.     **R**  
**R     The Lord is my light and my salvation.**

## **Second Reading**

A reading from the letter of Paul to the Philippians.

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. He will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

*Philippians 3.17-4.1*

This is the word of the Lord.

**Thanks be to God.**

## **Gospel**

Hear the holy Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, O Lord.**

At that very hour some Pharisees came and said to him, ‘Get away from here, for Herod wants to kill you.’ He said to them, ‘Go and tell that fox for me, “Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem.” Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, “Blessed is the one who comes in the name of the Lord.” ’

*Luke 13.31-35*

This is the Gospel of the Lord.

**Praise to you, O Christ.****Post Communion Prayer**

Almighty God,

you see that we have no power of ourselves to help ourselves:

keep us both outwardly in our bodies,

and inwardly in our souls;

that we may be defended from all adversities

which may happen to the body,

and from all evil thoughts which may assault and hurt the soul;

through Jesus Christ our Lord.