

NEWSLETTER

St Catherine's | St John's | St Luke's

The Fifth Sunday after Trinity



Collect for the day

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified: hear our prayer which we offer for all your faithful people, that in their vocation and ministry they may serve you in holiness and truth to the glory of your name; through our Lord and Saviour Jesus Christ, who is alive and reigns with you, in the unity of the Holy Spirit. Amen

Today's Gospel

This week we have presented to us in the Gospel reading the two seemingly contradictory paths of the Christian life, the pious and the practical, or the spiritual and the down to earth. Last week we read about the Good Samaritan who cared for an injured man. His practical acts of kindness were contrasted with the pious priest and Levite who were more concerned with their religious purity than showing mercy and true religion.

This week we read about an apparently lazy Mary, who sits listening to Jesus whilst the practical Martha gets on with the chores. But Jesus does not call Mary lazy, Jesus tells Martha that it is alright for Mary to be still and listen to him. Hopefully Mary was not a lazy person, but she did make use of the time when Jesus was around. She knew that there are times when jobs can be left and there was no need to justify her existence to Jesus by showing him how hard she could wash and cook.

Perhaps you feel that you are surrounded by lazy people and you end up doing all the work. Well perhaps this week it is time to listen to Jesus. There is no need to justify your existence to him, God's mission does not depend upon us slowly burning ourselves out and there will be time enough for working when we have enjoyed a day of rest

St Catherine's: 10.30 am Choral Eucharist

Today's Hymns: 413, 467, 200, 54

St John's: 9.00 am Sung Eucharist; 6.00pm Evensong

Today's Hymns: 565, 262, 74 249, 157, 621

St Luke's: 10:30 am Sung Mass;

Today's Hymns: 97, 77, 413, 54

Psalm response: Those who do what is right will dwell in the presence of the Lord

Gospel Acclamation: Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love

Psalm 15

- 1 Lord who shall / dwell • in thy / tabernacle: or who shall rest up-/on thy / holy / hill?
- 2 Even he that leadeth an / uncor-rupt / life: and doeth the thing which is right, * and / speaketh • the / truth • from his / heart;
- 3 He that hath used no deceit in his tongue, * nor done evil / to his / neighbour: and / hath not / slandered • his / neighbour;
- 4 He that honoureth / not • the un-/worthy: but maketh much of / them that / fear the / Lord;
- 5 He that taketh an / oath and / keepeth it: though it / were • to his / own / hindrance;
- 6 He that hath not given his / money • upon / usury: nor taken a / bribe a-/gainst the / innocent.
- †7 He that / doeth • these / things: shall / never • be / over-/thrown.

Next week's readings: Genesis 18: 20 – 32; Psalm 138; Colossians 2: 6-15; Luke 11: 1-13

Benefice Hardship Fund: envelopes are available at the back of church. If you wish to give please hand to the churchwardens. Thank you.

Pilgrimage to the Holy Land 9th-18th May 2020 Led by The Revd Vicki Burrows (Vicar of Radyr) if anyone is interested in finding more information, Revd Emma has a limited number of colour brochures detailing the exact itinerary and costs included.

Fundraising Afternoon Tea and Bingo: tickets are now available for the first event organized by our Benefice Fundraising Group. Come along to the Prosecco and Bingo Afternoon on September 14th at 3.00pm in St Catherine's Hall. Tickets £15 available from churchwardens, Annie or Lindsay.

PCC will meet this evening at St John's at 6.30pm.

St Catherine's Notes:

Sunday school - last Sunday school is 21st July. We will be back on the 8th September after school holidays.

Hall painting On Tuesday 16 July, 10 volunteers from the DWP painted the walls of the hall. Their hard work and enthusiasm were amazing and we are grateful to Lindsay Jones for organising the day

Messy Church will resume in October

Midweek service: Holy Eucharist Wednesday 11.00 am

St John's Notes:

Ty Bronna: We are collecting sugar/tea/coffee throughout July. Please leave in the box in church.

Concerts: The Summer Showcase concert for the Noahs Ark appeal on July 6th raised £500. The next event is : Classical Guitar and soprano (the highly regarded Bibi Heal and Amanda Cook) – Friday July 26th @.7.30pm.

More information – www.cantonstjohnmusic.co.uk or follow on twitter @stjohnconcerts

Sunday School: 28th July – 1st September - Summer school holidays - No Sunday school

Friday lunch: July's monthly lunch is on Friday 26th at 12noon. All welcome.

Midweek Service: Holy Eucharist Thursday 10.30 am

St Luke's Notes:

Thank you from Margaret Charles to all who helped, made cakes and attended the coffee morning last week in aid of the British Heart Foundation. It was a very good turn out for a very good cause. £435.50 was raised.

Midweek services: Said Mass Tuesday 10.00 am; Friday 6.00pm

Recently Departed: Audrey Williams

Diocesan and Anglican Prayer Cycle

Sun July 21 st	FIFTH SUNDAY AFTER TRINITY Parish of Cathays: Caroline Downs (PinC)	<i>Province de L'Eglise Anglicane au Rwanda</i>
Mon July 22 nd	Christ Church, Roath Park: Dr. Trystan Hughes (PinC)	<i>Northern Zambia; Belize (West Indies); Kanyakumari (South India)</i>
Tues July 23 rd	City Church of St. John the Baptist: Sarah Jones (PinC)	<i>Northwest Ankole (Uganda) Bendigo (Australia)</i>
Weds July 24 th	St. Padarn's Institute:	<i>Northwest Texas; Benin; Bermuda</i>
Thurs July 25 th	JAMES, APOSTLE Conventional District of Tremorfa: Marcus Nelson (PinC)	<i>Northwestern Pennsylvania; Bethlehem</i>
Fri July 26 th	Gabalfa: Marcus Nelson (V)	<i>Norwich (England); Bhopal (North India); Kapoeta (South Sudan)</i>
Sat July 27 th	Benefice of Grangetown St. Paul w Cardiff St Dyfrig & St. Samson	<i>Nova Scotia & Prince Edward Island (Canada); Karachi (Pakistan)</i>

Team Vicar: Rev'd Emma Rees-Kenny

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