

# NEWSLETTER

St Catherine's | St John's | St Luke's

## The Sixth Sunday after Trinity



### Collect for the day

Merciful God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### Today's Gospel

Our prayers will be answered, if they are supported by commitment on our part to action. If we sit around watching telly we will have poor grades; People complain about being lonely, but do nothing to join clubs and societies to make friends; Some people say that they feel worthless, but they do nothing to give themselves a sense of worth by investing their time and energy in helping others. Are you asking, seeking, knocking? If we wish to be used by God to bring about his purposes are we prepared to pay the price, in terms of our energy, chasing opportunities, bearing the disappointments? Do we set big goals? Or are we content to always sail in sheltered waters, away from the dangerous waves?

Never allow yourself to be a victim, pray and then do what you need to take care of things. Surrendering to God does not mean abdicating your responsibilities. Somebody once said God helps those who help themselves. It sounds dreadful, yet it partly true. God does work to share in helping those who are willing to acknowledge a need and then be a part of the solution. So often our prayers are carefully worded to avoid the possibility. Seek and you will find, Jesus promised.

**St Catherine's:** 8.00 am Holy Eucharist; 10.30 am Choral Eucharist

**Today's Hymns:** 161, 379, 82, 579

**St John's:** 9.00 am Sung Eucharist

**Today's Hymns:** 619, 418, 226,

**St Luke's:** 10:30 am Sung Mass with Canon Wilcox

**Today's Hymns:** 172, 411, 531

**Psalm response:** When I called you answered me O Lord

**Gospel Acclamation:** Alleluia (x4)

### Psalm 138

- 1 I will give thanks unto thee O Lord with my / whole / heart: even before the gods will I sing / praises / unto / thee.
- 2 I will worship toward thy holy temple and praise thy name, \* because of thy loving-/kindness • and / truth: for thou hast magnified thy name and thy / word a-/bove / all things.
- 3 When I called upon thee thou / heardest / me: and / gavest • me / increase • of / strength.
- 4 All the kings of the earth shall / praise • thee O / Lord: when they have / heard the / words of • thy / mouth.
- 5 Yea they shall sing of the / ways • of the / Lord: that great is the / glory / of the / Lord.
- 6 For though the Lord be high, \* yet hath he respect / unto • the / lowly: as for the proud, he / humbleth • them / from a-/far.
- 7 Though I walk in the midst of trouble, \* yet shalt / thou pre-/serve me: thou shalt stretch forth thy hand against the wrath of mine enemies, \* and / thy right / hand shall / save me.
- 8 The Lord shall fulfil his purpose for me; \* thy mercy O Lord en-/dureth • for / ever: leave not unfinished the / work of / thine own / hands.

**Next week's readings:** Ecclesiastes 1:2, 12-14; 2: 18-23; Psalm 49: 1-12; Colossians 3: 1-11; Luke 12: 13-21

**Benefice Hardship Fund:** envelopes are available at the back of church. If you wish to give please hand to the churchwardens. Thank you.

**Pilgrimage to the Holy Land** 9th-18th May 2020 Led by The Revd Vicki Burrows (Vicar of Radyr) if anyone is interested in finding more information, Revd Emma has a limited number of colour brochures detailing the exact itinerary and costs included.

**Fundraising Afternoon Tea and Bingo:** tickets are now available for the first event organized by our Benefice Fundraising Group. Come along to the Prosecco and Bingo Afternoon on September 14<sup>th</sup> at 3.00pm in St Catherine's Hall. Tickets £15 available from churchwardens, Annie or Linsay.

**Appointment;** we are pleased to be able to announce that Bishop June has appointed the Rev'd Frances Wilson as the new Rector of Canton.

**Benefice Administrator:** Sue will not be working from 1<sup>st</sup> August until 1<sup>st</sup> September. If you need to contact anybody regarding church business, please talk to your churchwardens or ring Rev'd Emma on the number below.

**Services in August:** as in previous years the midweek services will be cancelled in August, starting this week.

### St Catherine's Notes:

**Sunday school** - last Sunday school is 21st July. We will be back on the 8th September after school holidays.

**Good home wanted** for a basic drum kit. Free to take but must be collected. Please talk to Colin.

**No Midweek service**

### St John's Notes:

**Ty Bronna:** We are collecting sugar/tea/coffee throughout July. Please leave in the box in church.

**Sunday School:** will resume at the start of September

**No Midweek Service**

### St Luke's Notes:

**No Midweek services**

### Recently Departed:

### Diocesan and Anglican Prayer Cycle

Sun July 28 <sup>th</sup>	SIXTH SUNDAY AFTER TRINITY Lisvane: James Griffiths (V) <span style="float: right;"><i>The Scottish Episcopal Church</i></span>
Mon July 29 <sup>th</sup>	Llanishen: Vacant <span style="float: right;"><i>Nsukka (Nigeria); Biharamulo (Tanzania); Karamoja (Uganda)</i></span>
Tues July 30 <sup>th</sup>	Roath: Canon Stewart Lisk (V) <span style="float: right;"><i>Nyahururu (Kenya); Birmingham</i></span>
Weds July 31 <sup>st</sup>	The Mothers' Union: <span style="float: right;"><i>Nzara (South Sudan); Blackburn; Bo (Sierra Leone) (West Africa)</i></span>
Thurs Aug 1 <sup>st</sup>	Roath, St. Martin: Irving Hamer (V) <i>Missionary District of Oeste-Brasil (Brazil); Boga (Congo); Port Elizabeth (Southern Africa)</i>
Fri Aug 2 <sup>nd</sup>	Conventional District of St. Anne's, Roath: Will Souter (PinC) <span style="float: right;"><i>Offa (Nigeria); Bolivia; Karimnagar (South India)</i></span>
Sat Aug 3 <sup>rd</sup>	<u>DEANERY OF LLANDAFF</u> Area Dean: Michael John <span style="float: right;"><i>Karnataka Central (South India)</i></span>

**Team Vicar:** Rev'd Emma Rees-Kenny

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**Benefice Co-ordinator and Administrator:**

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