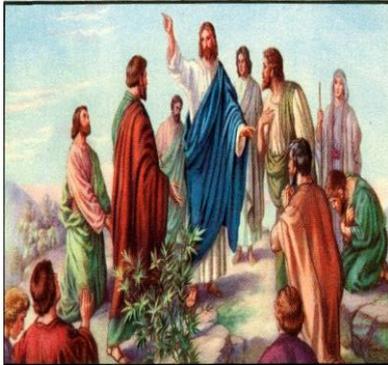


NEWSLETTER

St Catherine's | St John's | St Luke's

Trinity 4

God's nature and mercy are revealed in the person of Jesus Christ. So we come to worship in response to Christ's invitation to walk with him and learn from him.



Collect for the day

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may pass through things temporal that we lose not our hold on things eternal; grant this Heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

Today's Readings

First Reading Zechariah 9:9-12

The prophet foretells the coming of the messianic king, who will subdue warring nations and establish a kingdom of peace. God's people will know the joy of full deliverance and restoration.

Second Reading Romans 7:15-25a

Paul expresses his internal conflict. His decision to obey God's law is continually overthrown by his sinful nature's desires. Only Christ's power, not his own effort, can set him free.

Gospel Matthew 11:16-19. 25-end

Jesus laments the spiritual dullness of God's people, but rejoices at those willing to receive him as God's Son and the way to the Father. He invites the oppressed to draw close, promising them rest in his loving presence.

St Catherine's: 8.00 am Holy Eucharist; 10.30 am Sung Eucharist with Fr Chris Lee

Today's Hymns: 551, 131, 82, 666

St John's: 9.00 am Sung Eucharist with Fr Chris Lee

Today's Hymns: 12, 429, 305

St Luke's: 10:30 am Sung Mass with Rev'd Rosie Dymond

Today's Hymns: 12, 429, 305

Psalm response: I will exalt you, O God my King, And bless your name forever

Gospel Acclamation: Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love.

Psalm 145: 8-14

- 8 The Lord is / gracious • and / merciful: long-suffering / and of / great / goodness.
 9 The Lord is loving / unto / every man: and his mercy is / over / all his / works.
 10 All thy works / praise • thee O / Lord: and thy / servants / bless thy / name.
 11 They speak of the glory / of thy / kingdom: and their / talking / is of • thy / power,
 12 That thy power may be / known • unto / men: even the glorious / brightness / of thy / kingdom.
 13 Thy kingdom is an ever-/lasting / kingdom: and thy dominion en-/dureth • through-/out all / ages.
 14 The Lord upholdeth / all • such as / fall: and lifteth / up all / those • that are / down.

Next week's readings: Isaiah 55: 10-13; Psalm 65: 9-13; Romans 8 : 1-11; Matthew 13: 1-9, 18-23.

Newsletter: for any items to be included in this newsletter please email Sue Jones (office@beneficeofcanton.org.uk) Deadline is 12 noon on Fridays. For an email copy of the newsletter please contact Sheila at mgsmkelly1@gmail.com

Bible Study: The weekly Bible Study group has resumed and is open to everyone. It meets in St John's Vestry on Thursdays 7-9 pm. For more details contact Andrew Sims maxsims@hotmail.com

Messy Church Barbeque: come and join us at Messy Church this afternoon at 4.00 pm in St Catherine's where we shall be enjoying a BBQ and lots of fun. This is the last Messy Church for the academic year. Messy Church will re-start on September 10th in St Luke's Church with a special service and tea. There is a need for extra help/volunteers to be involved in planning and preparation of food and activities. If you think you might like to help talk to Dominic or Samuel who will be pleased to welcome you on board. You don't need to have children attending to help.

Paradise Run: The next Paradise Run will be on Saturday, 15th July. Please take your food to Sylvia (114, Pencisely Rd.) or to Diana (23, Greenfield Ave.) between 6-7 on the day. Need to know more about feeding the homeless in Cardiff? Contact Diana (02921 400367)

PCC: the next meeting of the PCC will be on Sunday 16th July at 6.30 pm in St John's Church.

Benefice Service: there will be a Benefice Service at St John's at 10.30 am on Sunday 30th July. There will be no other services on this day.

Cathedral Residency: Fr Mark will be taking up his residency as Canon of the Cathedral for 3 weeks from 9th July. He will be preaching and attending services at the Cathedral during this time.

St Catherine's Notes:

Hall Bookings: To book the Hall email Bev on hall.stcatherines@gmail.com.

Midweek Services: Holy Eucharist - Wednesday at 11am

St John's Notes:

Ty Bronna: We are collecting sugar, tea and coffee throughout July. Please leave in the box in church.

Midweek Services: Holy Eucharist - Thursday at 10:30 am

St Luke's Notes:

Decorating: St Luke's will be closed for all services for approximately 6 weeks from 24th July for decorating. The whole of the interior of the church will be decorated and any remedial work to the fabric of the building undertaken. Services will be held as usual in St Catherine's (10.30 am) and St John's (9.00 am) so there is an opportunity to attend Mass. Midweek services will be held in both churches at their usual times too. Services will resume as usual on Sunday 10th September.

Midweek Services: Masses on: Friday at 6:00pm; Saturday at 10.30am. There will be no Mass on Tuesday this week.

Recently Departed: Hector Martin, Margery George, Ralph Knight

Diocesan and Anglican Prayer Cycle

Sun July 9th	TRINITY 4 Porth Newydd: Jeffrey Thomas (PinC) Okinawa - (Japan)
Mon July 10th	Rhondda Fach Uchaf: David Jones (PinC) Oklahoma
Tues July 11th	Tonypandy w Clydach Vale and Williamstown: Okrika - Niger Delta
Weds July 12th	The Dean & the Archdeacons: Very Rev'd. Gerwyn Capon (Dean) Ven. Peggy Jackson (Archdeacon Llandaff) Ven. Christopher Smith (Archdeacon of Morgannwg) Olo, Sudan
Thur July 13th	Tonyrefail w Gilfach Goch: Canon Ruth Moverley (V) Omu-Aran Nigeria
Fri July 14th	Sacred Synod, at Brecon Cathedral, for the Confirmation of the Very Rev'd June Osborne as the Bishop of Llandaff. The Benefice of Ystradyfodwg: Haydn England-Simon (V)
Sat July 15th	Consecration of The Very Revd June Osborne as Bishop of Llandaff. Ondo, Nigeria