

NEWSLETTER

St Catherine's | St John's | St Luke's

The Tenth Sunday after Trinity

In our worship we rejoice in the love of the Father, the Son and the Holy Spirit. Today we give thanks for the privilege of learning more and more about the God who created us, redeemed us and continues to teach us every day.

Collect of the Day

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Today's Readings

First Reading Exodus 16:2-4. 9-15

Having questioned God's purpose (why lead them from Egypt to starve in the wilderness?) the Israelites at first don't recognise the "bread" sent from heaven.

Second Reading Ephesians 4:1-16

Recognising that we each have gifts given by the one God, we see why mature Christians should work lovingly together, whoever we are, as Christ's body.

Gospel John 6:24-35

Faced with questions from the crowds, who have yet to recognise him fully, Jesus seeks to explain who he is and why he has come.

St Catherine's: 10.30 am Choral Eucharist

Today's Hymns: 221, 456, 387, 201

St John's: 9.00 am Sung Eucharist

Today's Hymns: 12, 249, 201

St Luke's: 10:30 am Sung Mass

Today's Hymns: 12, 249, 252

Psalm response: The Lord gave them grain from heaven

Gospel Acclamation: Alleluia, Alleluia give thanks to the Risen Lord, Alleluia Alleluia give praise to His name

There are no other services in the Benefice today.

Psalm 78: 23 - 29

23 Yet he commanded the / clouds a-/bove: and / opened • the / doors of / heaven.

24 He rained down manna upon them / for to / eat: and / gave them / corn from / heaven.

25 So man did eat / angels' / food: for he / sent them / meat e-/nough.

26 He caused the east wind to / blow • under / heaven: and brought in the / south wind / through his / power.

27 He rained flesh upon them as / thick as / dust: and feathered birds / like • as the / sand • of the / sea.

28 He let it fall a-/mong their / tents: even round a-/bout their / habit-/ations.

29 So they did eat and were / well / filled: for he / gave them / their de-/sire.

Next week's readings: 1Kings 19: 4-8; Psalm 34: 1-8; Ephesians 4: 25-5:2; John 6: 41-51

Newsletter: for any items to be included in this newsletter please email Sue Jones (office@beneficeofcanton.org.uk) Deadline is 12 noon on Fridays. For an email copy of the newsletter please contact Sheila at mgsmkelly1@gmail.com

Paradise Run: The next run is on Saturday 11th August. Please take your food as usual to Sylvia ([114, Pencisely Rd.](#)) or to Diana ([23, Greenfield Ave.](#)) between 6-7 on the day. Thank you all for your ongoing commitment.

St Catherine's Notes:

Hall Bookings: Please note a change of email contact for booking St Catherine's Hall. Bev can be contacted on hall.stcatherines@beneficeofcanton.org.uk The gmail address is no longer active.

St Catherine's Grounds on TV - twice in one week: The "Heno" programme on S4C on the evening of Wednesday 1st August included a feature broadcast **LIVE** from the hall and gardens. The occasion was the third in a series of fundraisers for the National Eisteddfod in Cardiff. The feature included shots of activities in the hall, including a ukulele band and disco, and four short interviews in the gardens on the subject of "Fashion." The organisers, participants and film crew all commented very positively on the attractiveness of the hall and grounds. On Friday evening the ITV Wales programme "Coast & Country" featured Hilary (St Catherine's Churchwarden), Carolyn from the RSPB, and Liam from Buglife Cymru talking about the importance of the site as a haven for wildlife, pollinators and bugs. For example the grounds host ten types of bees, many pollinator plants and an amazing variety of bugs! If you missed these programmes try your i-player.

No Midweek service

St John's Notes:

Ty Bronna: We are collecting washing up liquid throughout August. Please leave in the box in church.

Harvest Supper: Friday 28th September 6.30 for 7.00 pm. Tickets will be available soon.

Advance notice: Christmas Tree festival: Thursday 6th – Sunday 9th December. More details to follow.

No Midweek Service

St Luke's Notes:

No Midweek services

Recently Departed:

Diocesan and Anglican Prayer Cycle

Sun Aug 5 th	TENTH SUNDAY AFTER TRINITY Roath St. Martin: Irving Hamer (V)	<i>The Scottish Episcopal Church</i>
Mon Aug 6 th	THE TRANSFIGURATION OF OUR LORD DEANERY OF LLANDAFF: Area Dean: Michael John	<i>Faisalabad - (Pakistan)</i>
Tues Aug 7 th	Caerau w Ely: Jesse Smith (V)	<i>False Bay - (Southern Africa)</i>
Weds Aug 8 th	Department for World Mission:	<i>Enugu North</i>
Thurs Aug 9 th	Fairwater: Colin Sutton (V)	<i>Federal Ministries - (II, The Episcopal Church)</i>
Fri Aug 10 th	Glan Ely: Jan Gould (PinC)	<i>Esan - (Bendel, Nigeria)</i>
Sat Aug 11 th	Llandaff: The Cathedral Church: Very Rev'd. Gerwyn Capon (Dean & Vicar)	<i>Fianarantsoa - (Indian Ocean)</i>

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