

# NEWSLETTER

St Catherine's | St John's | St Luke's

## The First Sunday after Trinity

Christ came to show us how to live with courage and integrity. Let us reflect on God's enabling love.

### Collect of the Day

O God, the strength of all those who put their trust in you, mercifully accept our prayers and, because through the weakness of our mortal nature we can do no good thing without you, grant us the help of your grace, that in the keeping of your commandments we may please you both in will and deed; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

### Today's Readings

#### First Reading Deuteronomy 5:12-15

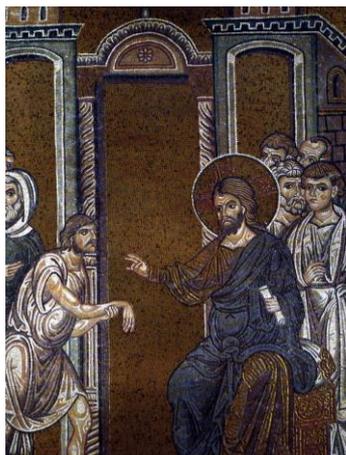
Moses gives Israel the commandment to observe the sabbath, because God rested on the seventh day. Slaves, foreigners in the land and animals are all included in the instruction to make it a day of complete rest.

#### Second Reading 2 Corinthians 4:5-12

Paul explains that he and Timothy do not proclaim themselves but Jesus Christ. Although afflicted they are not crushed, carrying the death of Jesus, whose life is made visible in them.

#### Gospel: Mark 2:23 – 3:6

The Pharisees complain that Jesus' disciples have been plucking grain on the sabbath. Jesus explains that there is nothing wrong with someone hungry gathering food because the sabbath was made for people. The Pharisees are even more displeased when Jesus heals a man and plot to destroy him.



**St Catherine's:** 10.30 am Choral Eucharist

**Today's Hymns:** 188, 117, 720, 305

**St John's:** 8.00 am Holy Eucharist; 9.00 am Sung Eucharist

**Today's Hymns:** 565, 622, 419

**St Luke's:** 10:30 am Sung Mass with Fr Edward le Brun Powell; 6.00 pm Benediction

**Today's Hymns:** 565, 622, 419

**Psalm response:** Sing with joy to God our strength

**Gospel Acclamation:** Alleluia (x4)

### Psalm 81: 1-10

- 1 Sing ye merrily unto / God our / strength: raise a cheerful shout / unto • the / God of / Jacob.
- 2 Take the psaltery, bring / hither • the / timbrel: the / merry / harp • with the / lute.
- 3 Blow the trumpet in the / new / moon: and at the full moon / on our / solemn / feast-day.
- 4 For this was made a / statute • for / Israel: and a / law • of the / God of / Jacob.
- 5 This he laid upon Joseph / for a / testimony: when he came / out • of the / land of / Egypt.
- 6 'I eased his shoulder / from the / burden: and his hands were set / free from / bearing • the / load.
- 7 'Thou calledst upon me in trouble, \* and / I de-/livered thee: I answered thee in the thunder-cloud, \* but put thee to the test at the / waters / of Me-/ribah.
- 8 'Hear O my people, and / I • will ad-/monish thee: O Israel, if thou wilt / hearken / unto / me,
- 9 'There shall no strange / god be / in thee: neither shalt thou worship / any / other / god.
- 10 'I am the Lord thy God, \* who brought thee out of the / land of/ Egypt: open thy mouth / wide and / I shall / fill it.

**Our next Team Vicar**

We look forward very much to welcoming Rev'd Emma, Nick and their baby son Ned to Canton in the Summer. A licensing service will take place on the 24<sup>th</sup> July at 7.30 pm in St John's, with the Rev'd Emma beginning work here in August.

**Newsletter:** for any items to be included in this newsletter please email Sue Jones ([office@beneficeofcanton.org.uk](mailto:office@beneficeofcanton.org.uk)) Deadline is 12 noon on Fridays. For an email copy of the newsletter please contact Sheila at [mgsmkelly1@gmail.com](mailto:mgsmkelly1@gmail.com)

**PCC:** the PCC will meet on Sunday 17<sup>th</sup> June at 6.30 pm in St John's Church. Please make every effort to attend or send your apologies to Sue.

**St Catherine's Notes:**

**Hall Bookings:** To book the Hall email Bev on [hall.stcatherines@gmail.com](mailto:hall.stcatherines@gmail.com).

**Advance notice,** Summer Fair Saturday 23<sup>rd</sup> June – Please put this date in your diary now. A fun day for all so please save the date. Great weather guaranteed – maybe.

**Midweek service:** Wednesday 11.00 am

**St John's Notes:**

**Ty Bronna:** We are collecting biscuits throughout June. Please leave in the box in church.

**Sunday School dates:** 20th May - Sunday School; 27th May - School Holidays - No Sunday School; 3rd June - School Holidays - No Sunday School; 10th June - Messy Church - No Sunday School; 17th June - Sunday School

24th June - Sunday School; 1st July - Sunday School; 8th July - Messy Church - No Sunday School; 15th July - Sunday School

22nd July - 2nd Sept - School Holidays no Sunday School

**Midweek Service:** Thursday 10.30 am

**St Luke's Notes:**

**Midweek services:** Tuesday 10.00 am; Friday 6.00 pm; Saturday 10.30 am

**Recently Departed:****Diocesan and Anglican Prayer Cycle**

Sun June 3 <sup>rd</sup>	THE FIRST SUNDAY AFTER TRINITY Deanery of the Vale of Glamorgan: Area Dean: Canon Martyn Davies.	<i>The Anglican Church of Melanesia</i>
Mon June 4 <sup>th</sup>	Colwinston, Llandow & Llysworney: Alan Kettle (PinC)	<i>Dar-es-Salaam - (Tanzania)</i>
Tues June 5 <sup>th</sup>	Ewenny & St. Brides Major	<i>Davao - (Philippines)</i>
Weds June 6 <sup>th</sup>	Lay Eucharistic Ministers throughout the Diocese.	<i>Delaware</i>
Thurs June 7 <sup>th</sup>	Pendoylan & Welsh St. Donats: Canon Martyn Davies, Vicar and Team Leader	<i>Delhi - (North India)</i>
Fri June 8 <sup>th</sup>	Peterston-super-Ely: Canon Martyn Davies (R)	<i>Derby</i>
Sat June 9 <sup>th</sup>	St. Nicholas w Bonvilston & St. George-super-Ely: Canon Martyn Davies (R)	<i>Armagh, Ireland</i>

**Fr Mark's** only day off is a Monday. Please respect this and avoid contacting him unless in an emergency. If you need to contact the church on a Monday, please ring Sue on the number below.

Team Rector: **Canon Mark Preece** 029 2056 2022 [rector@beneficeofcanton.org.uk](mailto:rector@beneficeofcanton.org.uk)  
Benefice Co-ordinator & Administrator: **Susan Jones** 07539 553 918 [office@beneficeofcanton.org.uk](mailto:office@beneficeofcanton.org.uk)